

# Kegiatan Bimbingan Rohani Dalam Rehabilitasi Sosial Bagi Orang Dengan Gangguan Jiwa (Studi Deskriptif di Panti Sosial Bina Laras Harapan Sentosa 2) = Spiritual Guidance Activity in Social Rehabilitation for People with Mental Disorders (Descriptive Study in Panti Sosial Bina Laras Harapan Sentosa 2)

Deleilah, author

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## Abstrak

Penelitian ini mengenai Kegiatan Bimbingan Rohani di Panti Sosial Bina Laras Harapan Sentosa PSBL HS 2, yaitu kegiatan yang menasar pada aspek spiritual dari Warga Binaan Sosial (WBS). Metode yang digunakan penulis yaitu dengan pendekatan kualitatif dan jenis penelitian deskriptif. Dalam teknik pemilihan informan, penulis menggunakan teknik purposive sampling, sehingga didapatkan informan dalam penelitian ini yaitu Kepala Panti PSBL HS 2, Satuan Pelaksana Pembinaan Sosial, Pekerja Sosial, Instruktur Kegiatan Bimbingan Rohani, Pendamping dan WBS. Melihat pentingnya aspek spiritual dalam pemberian pelayanan bagi orang dengan gangguan jiwa, penulis mencoba melihat gambaran dari Kegiatan Bimbingan Rohani ini dan melakukan analisis menggunakan teori spiritualitas dan rehabilitasi sosial. Hasil penelitian menunjukkan bahwa Kegiatan Bimbingan Rohani memiliki manfaat yang baik bagi WBS, namun manfaat tersebut tidak menyentuh sebagian besar WBS, dikarenakan bentuk kegiatan terbatas pada kegiatan keagamaan, sementara aspek spiritualitas sangat luas tidak hanya terbatas pada keagamaan.

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This research is about Spiritual Guidance Activities at the Panti Sosial Bina Laras Harapan Sentosa PSBL HS 2, where the activities target the spiritual aspects of Socially Assisted Citizens (WBS). The method used by the author is qualitative approach and a type of descriptive research. In the technique of selecting informants, the authors used purposive sampling technique, so that the informants obtained in this study were Head of PSBL HS 2, Implementing Unit for Social Development, Social Workers, Instructors for Spiritual Guidance Activities, Mentors and WBS. Seeing the importance of the spiritual aspect in providing services for people with mental disorders, the author tries to look at the picture of this Spiritual Guidance Activity and conduct an analysis using spirituality theory and social rehabilitation. The results showed that Spiritual Guidance Activities had good benefits for the clients, but these benefits did not touch most of the clients, because the form of activities was limited to religious activities, while the aspect of spirituality was very broad not only limited to religion.