

## Uji validasi dan reliabilitas Teacher Stress Inventory (TSI) versi bahasa Indonesia sebagai instrumen penilaian stressor kerja pada guru = Validity and reliability of the Indonesian version of Teacher Stress Inventory (TSI)

Shelly Agustin, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20494503&lokasi=lokal>

---

### Abstrak

Latar Belakang: Teacher Stress Inventory (TSI) merupakan sebuah instrumen untuk menilai stressor kerja pada guru. Penelitian ini bertujuan untuk menerjemahkan instrumen agar bisa digunakan di Indonesia, lalu menilai validitas dan reliabilitasnya.

Metode. Penelitian ini dilakukan dengan metode adaptasi transkultural 10 langkah dari ISPOR diikuti dengan uji validitas butir serta uji reliabilitas terhadap 147 guru di Jakarta dan Bogor.

Hasil. Didapatkan kuesioner TSI versi Bahasa Indonesia yang terdiri atas 20 butir dimana semuanya dinyatakan valid dengan nilai  $r$  0,577 hingga 0,852. Nilai  $\alpha$ -Cronbach TSI versi Bahasa Indonesia pada saat tes adalah 0,957 dan uji Intra-class correlation terhadap total skor tes dan retes didapatkan hasil  $r$  0,901 ( $p < 0,05$ ).

Kesimpulan. TSI versi Bahasa Indonesia terbukti memiliki validitas, reliabilitas, dan stabilitas internal yang baik sebagai instrumen penilaian stres kerja pada guru di Indonesia.

.....Background : The Teacher Stress Inventory (TSI) is an instrument for measuring occupational stressor in teachers, and has been widely used in many countries. This study aimed to translate and adapt it for use in Indonesia, and to assess its reliability and validity.

Methods : Was used for adaptation of the original version of TSI using the 10-step methods of ISPOR (International Society for Pharmacoeconomics and Outcomes Research) followed by a validity test of items as well as a reliability test. The test was conducted into 147 teachers in Jakarta and Bogor.

Results : The result of ISPOR in this research, there were some adjustment of idioms in Indonesian Language. All of 20 items the TSI questionnaire Indonesian Version were all valid ( $r = 0.577-0.852$ ). The results of reliability test using  $\alpha$ -Cronbachis 0,957, and the score of Intra-Class Correlation is 0,901 which means TSI Indonesian version has an acceptable internal stability.

Conclusion : TSI Indonesian Version is valid, reliable and has good internal stability. This instrument can be used to assess stressor at work among Indonesian teachers.