

## Psychiatric and mental health nursing

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### Abstrak

Psychiatric and Mental Health Nursing has established itself as Australia and New Zealand's foremost mental health nursing text and is an essential resource for all undergraduate nursing students. This new edition has been thoroughly revised and updated to reflect current research and changing attitudes about mental health, mental health services and mental health nursing in Australia and New Zealand. Set within a recovery and consumer-focused framework, this text provides vital information for approaching the most familiar disorders mental health nurses and students will see in clinical practice, along with helpful suggestions about what the mental health nurse can say and do to interact effectively with consumers and their families. The fourth edition has a strong focus on the mental health nurse's experience and provides consumer perspectives, giving students invaluable insights into the lived experience of consumers covering a variety of mental health disorders.