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Future directions in well-being: education, organizations and policy

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Abstrak

This book is a collection of essays advancing the discourse in well-being science, authored by key thought leaders in positive psychology and its variants, including positive education, character education, and positive organizational scholarship. The authors address topics such as the next big ideas in well-being research and practice, potential strategies, as well as current gaps and limitations of the field. This book will be of particular interest for policy makers, educators and practitioners, as well as researchers.