

Peran efikasi diri keputusan karier dalam memediasi pengaruh gaya atribusi terhadap eksplorasi karier siswa kelas 12 sekolah menengah kejuruan = The mediating role of career decision self-efficacy in the effect of attributional style on career exploration of grade 12th of vocational students

Nur Aisyah Rumalutur, author

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Abstrak

Penelitian ini bertujuan mengetahui apakah efikasi diri keputusan karier memediasi pengaruh gaya atribusi terhadap eksplorasi karier siswa kelas 12 Sekolah Menengah Kejuruan (SMK). Sebanyak 862 responden siswa kelas 12 SMK terlibat dalam penelitian ini. Responden mengisi kuesioner CES untuk mengukur eksplorasi karier, AACDM untuk mengukur gaya atribusi, dan CDESES-SF untuk mengukur efikasi diri keputusan karier. Data penelitian dianalisis menggunakan PROCESS dari Hayes pada SPSS untuk melihat model mediasi yang diajukan.

Hasil analisis data mendukung model mediasi yang diajukan bahwa efikasi diri keputusan karier memediasi pengaruh gaya atribusi terhadap eksplorasi karier siswa kelas 12 SMK. Responden yang menerapkan gaya atribusi optimis memiliki efikasi diri keputusan karier yang tinggi sehingga sering melakukan eksplorasi karier.

Hasil penelitian juga menunjukkan gaya atribusi dapat secara langsung memengaruhi eksplorasi karier siswa kelas 12 SMK. Hasil penelitian memberikan implikasi secara teoritis bagi penelitian selanjutnya dan secara praktis dalam konseling serta intervensi terhadap siswa kelas 12 SMK. Hasil penelitian secara detail dan keterbatasan penelitian dibahas lebih lanjut dalam laporan tesis.

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The current research examined mediation effect of career decision self-efficacy on the effects of attributional style on career exploration behavior of 12 grade of vocational students. A total of 862 respondents of 12 grade of vocational students were involved in the research. Respondents filled out the CES questionnaire for career exploration, AACDM for attributional style, and CDESES-SF for career decision self-efficacy. Research data were analyzed using PROCESS from Hayes on SPSS to examined the mediation model.

The results supported the mediation model that career decision self-efficacy mediate the effects of attributional style on career exploration of 12 grade of vocational students. Respondents who applied optimistic attributional style have high career decision self-efficacy, in turn affect their engagement in career exploration.

The results also showed that attributional style can directly have an effect on career exploration of 12 grade of vocational students. The results have theoretical and practical implications for further research, counseling and intervention programme towards 12 grade of vocational students. Others research findings and limitations are further discussed in the research report.