

## Simultaneous Acts of Self-Control pada anak-anak Usia 3-4 tahun = Simultaneous acts of Self-Control on three- to four-year-old Children

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### Abstrak

Penelitian dilakukan dalam rangka melihat gambaran tentang tindakan pengendalian diri secara simultan pada anak-anak umur 3 tahun dan 4 tahun di Indonesia. kemampuan pengendalian diri anak-anak dilihat melalui percobaan yang menguji kemampuan menguji coba dan menunggu reward berupa jelly selama maksimal 13 menit. Partisipan yang terlibat dalam penelitian ini jumlah 41 anak-anak prasekolah berusia 3 hingga 4 tahun. Hasil penelitian menggambarkan adanya tindakan pengendalian diri secara simultan pada anak yang mencapai keberhasilan kedua domain perilaku pengendalian diri, atensi dan menunggu pahala secara bersamaan.

.....The study was conducted in order to see a picture of simultaneous self-control measures in children aged 3 years and 4 years in Indonesia. children's self-control abilities are seen through experiments that test the ability to try and waiting for a reward in the form of jelly for a maximum of 13 minutes. The participants in this study were 41 preschool children aged 3 to 4 years. The results of the study describe the simultaneous action of self-control in children who achieve success in both domains of self-control behavior, attention and waiting for reward simultaneously.