

Hubungan partner phubbing dan kepuasan perkawinan dengan self-esteem sebagai moderator = The relationship between partner phubbing and marital satisfaction and self-esteem as moderator.

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Abstrak

Di era digital sekarang dimana banyak orang menggunakan ponsel, memungkinkan terjadinya partner phubbing, yaitu pengabaian oleh pasangan sebagai lawan bicara karena ia terlalu sibuk dengan ponselnya. Penelitian ini bertujuan untuk melihat hubungan partner phubbing dan kepuasan perkawinan serta peran self-esteem sebagai moderator. Partisipan terdiri dari 519 orang Indonesia, berstatus menikah, usia 20-65 tahun, yang terdiri dari 219 laki-laki dan 300 perempuan, dan menggunakan ponsel dalam keseharian. Data dikumpulkan dengan ENRICH Marital Satisfaction (EMS), Partner Phubbing Scale, dan Rosenberg Self-Esteem Scale (RSE). Hasil penelitian menunjukkan adanya korelasi negatif antara partner phubbing dan kepuasan perkawinan ($r(517) = -0,346, p < 0,01$), korelasi positif antara self-esteem dan kepuasan perkawinan ($r(517) = 0,288, p < 0,01$), namun tidak ditemukannya efek moderasi self-esteem pada hubungan partner phubbing dan kepuasan perkawinan ($b_3 = -1,77, se = 0,15, p > 0,05$).

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In today's digital era where many people use cell phones, partner phubbing can occur, that is, neglect by the partners because they are busy with their cell phones. This study aims to investigate the relationship between partner phubbing and marital satisfaction and the role of self-esteem as a moderator. Participants were 519 Indonesians married, 20-65 years old consisting of 219 men and 300 women, use cell phones on daily basis. Data were collected with ENRICH Marital Satisfaction (EMS), Partner Phubbing Scale, and Rosenberg Self-Esteem Scale (RSE). The result showed a negative correlation between partner phubbing and marital satisfaction ($r(517) = -0,346, p < 0,01$), a positive correlation between self-esteem and marital satisfaction ($r(517) = 0,288, p < 0,01$), but no self-esteem moderation was found on the relationshipship between partner phubbing and marital satisfaction ($b_3 = -1,77, se = 0,15, p > 0,05$).