

Hubungan antara Academic Self-Concept dan College Adjustment pada Mahasiswa Tahun Pertama Perguruan Tinggi Negeri di Jabodetabek = The Relationship between Academic Self-Concept and College Adjustment among First-Year College Students in Jabodetabek

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Abstrak

ABSTRAK

Penelitian ini bertujuan untuk melihat hubungan antara academic self-concept dan college adjustment pada mahasiswa tahun pertama perguruan tinggi negeri yang berada di Jabodetabek. Penelitian ini dilatarbelakangi adanya tantangan baru pada college adjustment mahasiswa tahun pertama yang saat ini sedang menghadapi pandemi COVID-19. Pada masa ini academic self-concept bermanfaat bagi mahasiswa dalam menghadapi tantangan tersebut. Pengukuran academic self-concept dalam penelitian ini dilakukan dengan menggunakan Academic Self Concept for Adolescence (ASCA) Scale (Ordaz-Villegas, Acle-Tomasini, & Reyes-Lagunes, 2013). Sementara pengukuran college adjustment menggunakan Student Adaptation to College Questionnaire (SACQ) yang dikembangkan oleh Baker dan Siryk (1984). Responden penelitian ini berjumlah 163 orang mahasiswa tahun pertama yang berusia 17 dan 18 tahun. Hasil penelitian ini menunjukkan terdapat hubungan yang signifikan antara academic self-concept dengan college adjustment ($r = .177$; $p < .05$; two-tailed).

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ABSTRACT

This study aimed to find the correlation between academic self-concept and college adjustment among first-year college students in Jabodetabek. This research is motivated by new challenges of the first year students college adjustment students who are currently facing a coronavirus disease (COVID-19). At this time academic self-concept is beneficial for students in facing these challenges. Measurement of academic self-concept in this study was carried out using the Academic Self Concept for Adolescence (ASCA) Scale (Ordaz-Villegas, Acle-Tomasini, & Reyes-Lagunes, 2013). While college adjustment was measured by the Student Adaptation to College Questionnaire (SACQ) developed by Baker and Siryk (1984). The respondents of this study were 163 first year students aged 17 and 18 years. The results of this study indicate that there is a significant relationship between academic self-concept and college adjustment ($r = .177$; $p < .05$; two-tailed).