

Analisis praktek residensi keperawatan medikal bedah pada pasien gangguan neurologi dengan kasus cedera kepala menggunakan pendekatan model adaptasi Roy di Rumah Sakit Cipto Mangunkusumo Jakarta = Analysis of surgical medical nursing practices in neurological disorders patients with head injury cases using Roy's adaptation model approach at Cipto Mangunkusumo Hospital Jakarta

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Abstrak

Praktek klinik lanjut selama praktek residensi keperawatan pada system neurologi dimaksudkan untuk mampu memberikan asuhan keperawatan, menerapkan Evidence Based Nursing (EBN) serta mampu berperan sebagai innovator dan edukator di ruang perawatan. Peran pemberi asuhan keperawatan dilakukan dengan menggunakan model adaptasi Roy pada pasien dengan cedera kepala dan 30 pasien lainnyadengan berbagai gangguan sistem neurologi atau persarafan. Perilaku maladaptive paling banyak adalah mode adaptasi fisiologi, yaitu ketidakefektifan perfusi jaringan cerebral. Intervensi keperawatan berupa manajemen edema cerebral ditunjukkan untuk meningkatkan adaptasi pasien dalam meningkatkan perfusi jaringan cerebral. Penerapan EBN Repetitive Facilitative Exercise (RFE) pada empat pasien stroke fase subakut menunjukkan keefektifan dalam meningkatkan fungsi motorik ekstremitas atas pasien stroke. Program inovasi keperawatan berupa penerapan program pencegahan kejadian jatuh pada pasien neurologi di rawat inap.

.....Advanced clinical practice during nursing residency practice in the neurology system is intended to be able to provide nursing care, implement Evidence Based Nursing (EBN) and be able to act as innovators and educators in the treatment room. The role of the nursing care provider was carried out using Roy's adaptation model in patients with head injuries and 30 other patients with various neurological or neurological system disorders. Maladaptive behavior is the most common mode of physiological adaptation, which is the ineffectiveness of cerebral tissue perfusion. Nursing interventions in the form of cerebral edema management are aimed at increasing patient adaptation in enhancing cerebral tissue perfusion. The application of EBN Repetitive Facilitative Exercise (RFE) in four stroke patients in the subacute phase showed effectiveness in improving motor function of the upper limb of stroke patients. The nursing innovation program is in the form of a fall prevention program in neurology patients hospitalized.