

# Hubungan antara Acute Stress dan Post-Traumatic Growth pada Penyintas Kanker Dewasa dengan Moderator Perceived Social Support = The Correlation between Acute Stress and Posttraumatic Growth among Adult Cancer Survivors with Social Support as Moderating Variable

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## Abstrak

Didiagnosis dan menjalani treatment penyakit kanker merupakan pengalaman traumatis yang dapat memicu acute stress. Namun, terdapat individu yang merespon dengan positif, atau disebut Post Traumatic Growth, yang dipengaruhi dukungan sosial. Penelitian ini meneliti hubungan PTG dan acute stress dengan moderator perceived social support. Pengumpulan data dilakukan kepada 106 penyintas kanker dewasa, sebagian partisipan mengikuti support group dan sebagian partisipan tidak mengikuti support group. Hasil penelitian menunjukkan bahwa PTG dan acute stress memiliki hubungan negatif yang signifikan ( $r = -0,33$ ,  $p < 0,01$ ), dan perceived social support memperkuat hubungan negatif antara PTG dan acute stress. Hasil dari penelitian dapat menjelaskan dan memperkaya literatur terkait PTG, acute stress, perceived social support.

.....Being diagnosed and treated for cancer is a traumatic experience that can lead to acute stress. However, there are individuals who can respond positively, known as Post Traumatic Growth, which influenced by social support. This study designed to discuss the correlation between PTG and acute stress, moderated by perceived social support. The data collection was carried out to 106 adult cancer survivors, some participating in support group, while some others not participating in support group. The results showed that PTG had a significant negative effect ( $r = .33$ ,  $p < .001$ ) in predicting acute stress, and perceived social support is moderating the correlation between PTG and acute stress. These results can be useful in explaining and enriching the literature related to PTG, acute stress, and perceived social support.