

Analisis praktek residensi keperawatan medikal bedah pada pasien gangguan urologi dengan kasus karsinoma ginjal menggunakan pendekatan Model Adaptasi Roy di Rumah Sakit Umum Pusat Fatmawati Jakarta = Analysis of medical surgical nursing residency practice in urologi system disorder with carsinoma renal cases Using Roy Adaptation Model Approach at Fatmawati Hospital in Jakarta

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Abstrak

Praktek klinik lanjut selama praktek residensi keperawatan pada sistem Urologi bertujuan agar dapat memberikan asuhan keperawatan, menerapkan Evidence Based Nursing (EBN) serta mampu berperan sebagai innovator di ruang perawatan. Peran pemberi asuhan keperawatan dilakukan dengan menggunakan model adaptasi Roy pada pasien dengan Karsinoma Ginjal dan 30 pasien lainnya dengan berbagai gangguan sistem urologi. Perilaku maladaptif paling banyak adalah mode adaptasi fisiologi, yaitu kelebihan volume cairan. Intervensi keperawatan berupa manajemen keseimbangan cairan untuk meningkatkan adaptasi pasien dalam keseimbangan cairan. Penerapan EBN dengan music intradialytic pada tiga pasien hemodialisis menunjukkan keefektifan musik intradialytic dalam menurunkan tingkat kecemasan. Program inovasi keperawatan berupa penerapan program peningkatan adekuasi hemodialisis pada pasien ESRD di Instalasi Hemodialisis.

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Advanced clinical practice during nursing residency practice in the Urology system aims to provide nursing care, implement Evidence Based Nursing (EBN) and be able to act as an innovator in the nursing center. The role of the nursing care provider was performed using Roy's adaptation model in patients with Renal Carcinoma and 30 other patients with various urological system disorders. The most inefektive behavior is the physiological adaptation mode, which is excess fluid volume. Nursing interventions take the form of fluid balance management to improve patient adaptation in fluid balance. The application of EBN with intradialytic music in six patients undergoing hemodialysis therapy demonstrated the effectiveness of music in reducing anxiety levels. The nursing innovation program is in the form of implementing a hemodialysis adequacy program in ESRD patients at the Hemodialysis Installation.