

Peran Parentification terhadap Hardiness pada Mahasiswa Penerima Bidikmisi = The Role of Parentification toward Hardiness in College Students of Bidikmisi Scholarship

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Abstrak

ABSTRAK

Penelitian ini bertujuan untuk mengetahui peran parentification terhadap hardiness pada mahasiswa bidikmisi di Indonesia. Parentification diukur dengan Parentification Inventory (Hooper, 2009) dan hardiness diukur dengan Dispositional Resilience Scale-15 (Bartone, 2007). Partisipan yang terlibat dalam penelitian ini berjumlah 482 mahasiswa yang berasal dari Perguruan Tinggi Negeri di Indonesia, terdiri dari 351 perempuan dan 131 laki-laki dengan rentang usia 18-24 tahun ($M = 20,02$, $SD = 1,376$). Data yang diperoleh dari seluruh partisipan dianalisis menggunakan analisis regresi. Hasil penelitian menunjukkan bahwa secara umum, parentification berperan secara signifikan dan positif terhadap hardiness ($\beta = 0,211$, $p < 0,01$). Untuk tipe parentification, emotional parentification berperan lebih besar terhadap hardiness ($\beta = 0,393$, $p < 0,01$), dibandingkan dengan instrumental parentification ($\beta = -0,161$, $p < 0,05$).

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<i>ABSTRACT</i>

This study aims to examine the role of parentification toward hardiness among college students of bidikmisi scholarship in Indonesia. Parentification was measured using Parentification Inventory (Hooper, 2009) and hardiness was measured using Dispositional Resilience Scale-15 (Bartone, 2007). Participants involved in this study were 482 students from State Universities in Indonesia, consisted of 351 women and 131 men with an age range of 18-24 years ($M = 20,02$, $SD = 1,376$). Data obtained from all participants were analyzed using regression analysis. The results indicated that in general, parentification has a significant and positive role towards hardiness ($\beta = 0,211$, $p < 0,01$). For the type of parentification, emotional parentification has a greater role towards hardiness ($\beta = 0.393$, $p < 0.01$), compared to instrumental parentification ($\beta = -0,161$, $p < 0,05$).</i>