

## Analisis asuhan keperawatan keluarga dengan risiko COVID-19 melalui penerapan telenursing = Analysis of family nursing care with COVID-19 risk through the application of telenursing

Tamana Ihda Husna Zain, author

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### Abstrak

#### <b>ABSTRAK</b>

Pengendalian COVID-19 belum terselesaikan di Indonesia, kasus satu keluarga terinfeksi COVID-19 juga banyak ditemukan. Hal tersebut didasari pada rendahnya perilaku pencegahan COVID-19 pada individu dan anggota keluarga khususnya di rumah. Melihat pandemi ini dan protokol pencegahan yang ditetapkan asuhan keperawatan dengan penerapan telenursing adalah opsi yang direkomendasikan. Asuhan keperawatan dengan penerapan telenursing menjadi intervensi unggulan dalam meningkatkan kemampuan pencegahan COVID-19. Intervensi dilakukan dalam tiga minggu dengan pemberian asuhan keperawatan jarak jauh dan menggunakan teknologi komunikasi, serta media visual dan audiovisual. Hasil dari intervensi adalah, pengetahuan keluarga terkait penyakit COVID-19 dan tindakan pencegahan serta perawatan meningkat. Adopsi perilaku pencegahan dari pembelajaran yang dilakukan juga diterapkan keluarga dalam aktivitas harian.

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#### <i><b>ABSTRACT</b></i>

Control of COVID-19 has not been resolved in Indonesia, cases of one family infected with COVID-19 are also found. This is based on the low COVID-19 prevention behavior in individuals and family members, especially at home. Looking at this pandemic and the prevention protocol established by nursing care with the application of telenursing is a recommended option. Nursing care with the application of telenursing is the leading intervention in enhancing the ability to prevent COVID-19. The intervention was carried out in three weeks by providing remote nursing care and using communication technology, as well as visual and audiovisual media. As a result of the intervention, family knowledge related to COVID-19 disease and prevention and care measures increased. The adoption of preventive behaviors from learning is also applied by families in daily activities.