

Gambaran Perilaku Caring Caregiver di Panti Sosial Tresna Werdha (PSTW) Jakarta = Overview of The Caregiver Caring Behavior in Elderly Social Institution Jakarta

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Abstrak

Lansia termasuk kedalam kelompok rentan dan bergantung pada kelompok usia produktif. Peran pemerintah dalam melindungi dan meningkatkan kesejahteraan lansia salah satunya melalui pelayanan pada Panti Sosial Tresna Werdha (PSTW) atau panti werdha. Caregiver memiliki peran dalam memberikan pelayanan secara langsung pada lansia. Pentingnya perilaku caring caregiver dapat meningkatkan aspek fisik, mental, sosial, dan spiritual lansia. Tujuan dari penelitian ini untuk mengetahui gambaran perilaku caring caregiver di Panti Sosial Tresna Werdha (PSTW) Jakarta dan hubungan antara karakteristik caregiver dengan perilaku caring caregiver. Desain penelitian ini adalah penelitian deskriptif observasional dengan pendekatan cross-sectional. Analisa data menggunakan uji Mann-Whitney dan uji Spearman (CI 95%). Responden caregiver terdiri dari 35 orang yang dipilih dengan teknik total sampling. Data dikumpulkan dengan menggunakan instrumen Caring Behavior Inventory (CBI). Hasil penelitian menunjukkan bahwa perilaku caring caregiver memiliki hasil yang baik (85,5%). Tidak terdapat hubungan antara karakteristik caregiver seperti usia, jenis kelamin, tingkat pendidikan, lama bekerja, dan pelatihan terkait perilaku caring caregiver dengan penerapan perilaku caring caregiver ($p > 0,05$). Tingginya perilaku caring caregiver dapat terus ditingkatkan dan dipertahankan oleh panti werdha serta penelitian selanjutnya dapat meneliti lebih lanjut mengenai faktor lain yang memengaruhi perilaku caring caregiver.

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Elderly belongs to vulnerable groups and depend on the productive age group. The roles of the government in protecting and improving the welfare of the elderly is through services at the elderly social institution. The caregiver has roles in providing services directly to the elderly. The importance of the caregiver caring behavior can improve services and various aspects of the elderly. The purpose of this study was to determine the description of caregiver caring behavior in elderly social institution Jakarta and the relationship between caregiver characteristics with caregiver caring behavior. The design of this research is descriptive observational with a cross-sectional approach. Data were analyzed with the Mann-Whitney Test and Spearman Test (CI 95%). 35 caregiver respondents who served in elderly social institution Jakarta were selected by the total sampling technique. Data collected with a caring behavior inventory (CBI) questionnaire. The results showed that caring behavior in caregiver had good results (85.46%). There is no relationship between caregiver caring behavior with caregiver characteristics specifically age, gender, educational program level, length of work, and training regarding caring caregiver behavior ($p > 0.05$). The high behavior of caring applied by the caregivers can be continuously improved and maintained by the elderly social institution and further research can further investigate other factors that influence caregiver caring behavior.