

Hubungan durasi pemberian ASI dan dukungan suami ibu pemberi ASI dengan status gizi bayi umur 0-6 bulan di Kelurahan Tanjung Pauh, Sumatera Barat = Relationship between duration of breastfeeding and support of husband of mother who breastfeed with nutritional status of infants aged 0-6 months in The Village of Tanjung Pauh, West Sumatra.

Dwi Kartika Yunita, author

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Abstrak

Pemberian ASI eksklusif dipengaruhi oleh beberapa hal, diantaranya adalah karena motivasi ibu dan faktor pendukung. Penelitian ini bertujuan untuk mengetahui hubungan durasi pemberian ASI dan dukungan suami ibu pemberi ASI dengan status gizi bayi umur 0-6 bulan. Desain penelitian yang digunakan di dalam penelitian ini adalah cross sectional yang dilakukan kepada 76 responden yang dilakukan secara konsekutif sampling di Kelurahan Tanjung Pauh, Sumatera Barat. Pengumpulan data dilakukan dengan menggunakan kuesioner secara online yang disebarakan kepada masyarakat Tanjung Pauh. Hasil penelitian menunjukkan bahwa sebanyak 88,1% responden memiliki dukungan suami yang baik dan durasi pemberian ASI terbanyak adalah 10-15 menit pada masing-masing payudara. Hasil penelitian menunjukkan bahwa tidak ada hubungan yang bermakna antara durasi pemberian ASI dan dukungan suami ibu pemberi ASI dengan status gizi bayi 0-6 bulan di Kelurahan Tanjung Pauh ($p=0,216$, $p=1,000$, $>0,05$). Penelitian lebih lanjut perlu dilakukan untuk mendukung penelitian ini.

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Exclusive breastfeeding is influenced by several things, including the mother's motivation and supporting factors. This study aims to determine the relationship between the duration of breastfeeding and support from the husband of the mother who is breastfeeding with the nutritional status of infants aged 0-6 months. The research design used in this study was a cross sectional study which was conducted on 76 respondents by consecutive sampling in Tanjung Pauh Village, West Sumatra. Data collection was carried out using an online questionnaire which was distributed to the Tanjung Pauh community. The results showed that as many as 88,1% of respondents had good husband support and the duration of most breastfeeding was 10-15 minutes on each breast. The results showed that there was no significant relationship between the duration of breastfeeding and the support of the husband of the mother who gave the breastfeeding with the nutritional status of infants 0-6 months in Tanjung Pauh Village ($p = 0.216$, $p = 1,000$, > 0.05). Further research needs to be done to support this research.