

## Hubungan pengetahuan dan sikap suami terhadap pemilihan kontrasepsi istri di Kecamatan Tarub, Kabupaten Tegal = Relationship between husband's knowledge and attitude towards the selection of wife contraception in Tarub Sub-district, Tegal District.

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### Abstrak

Pemilihan metode kontrasepsi yang akan digunakan istri tidak terlepas dari peran suami. Penelitian ini bertujuan untuk mengetahui hubungan pengetahuan dan sikap suami terhadap pemilihan kontrasepsi istri di Kecamatan Tarub. Desain penelitian menggunakan *cross sectional* dan 110 responden yang diambil secara *cluster sampling* dilibatkan dalam penelitian ini. kuisisioner yang digunakan dalam penelitian telah dilakukan uji validitas dan reliabilitas. Hasil analisa menunjukkan mayoritas responden memiliki pengetahuan kontrasepsi yang rendah (64,54%) dan sikap kontrasepsi yang negatif (63,36%). Sebagian besar istri responden menggunakan metode kontrasepsi jangka pendek (64,54%). Penelitian ini mengungkapkan tidak terdapat hubungan yang signifikan antara pengetahuan ( $p = 0,304$ ) dan sikap ( $p = 0,318$ ) suami terhadap pemilihan kontrasepsi istri di Kecamatan Tarub. Konseling kontrasepsi dibutuhkan oleh suami dan istri mengenai jenis kontrasepsi agar kontrasepsi yang digunakan sesuai dengan kebutuhan dan kondisi pasangan.

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The selection of contraceptive methods to be used by the wife is inseparable from the husband's role. This research have a purpose to know relationship between husband's knowledge and attitudes to the selection of wife contraception in Tarub Sub-District. The research design used cross sectional, as many as 110 respondents taken by cluster sampling were involved in this research. The questionnaire used in the study was tested for validity and reliability. The analysis shows that the majority of respondents have low contraceptive knowledge (64.54%) and negative contraceptive attitudes (63.36%). Most of the respondent's wife use short-term contraceptive method (64.54%). This research revealed that there was no significant relationship between knowledge ( $p = 0.304$ ) and attitude ( $p = 0.318$ ) of the husband to the selection of wife contraception in Tarub Sub-District. Husband and wife counseling is needed by husband and wife regarding the type of contraception so that the contraception used is appropriate to the needs and conditions of the partner.