

Faktor-faktor yang berhubungan dengan faktor risiko stunting pada ibu hamil = Factors related to stunting risk factors on pregnant mother.

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Abstrak

Stunting berdasarkan tinggi badan anak di bawah normal setelah 1000 hari pertama kehidupan dapat dicegah dengan menangani faktor risiko stunting pada ibu hamil yakni gizi dan depresi selama kehamilan. Faktor-faktor yang berhubungan dengan faktor risiko stunting pada ibu hamil yakni kemampuan adaptasi ibu hamil dan dukungan sosial suami. Penelitian cross-sectional 118 ibu hamil dan suami dengan quota sampling. Hasil penelitian menunjukkan hubungan signifikan antara LiLA, adaptasi ibu hamil (fisiologis, fungsi peran, dan interdependen), dukungan sosial suami, pendidikan ibu hamil, pekerjaan ibu hamil, dan kehamilan direncanakan dengan depresi kehamilan serta hubungan signifikan antara pekerjaan ibu hamil dengan LiLA (p value $<0,05$). Temuan kejadian membuktikan tindakan preventif dan promotif perlu lebih ditingkatkan sehingga memberikan hasil yang efektif dengan dibuktikan oleh penelitian di kemudian hari.

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Stunting based on the child's height after the first 1000 days of life can be prevented by addressing the risk factors for stunting in pregnant women, namely nutrition and depression during pregnancy. Factors related to risk factors for stunting in pregnant women are the adaptability of pregnant women and husband's social support. This cross-sectional study of 118 pregnant women and husbands with quota sampling. The results showed a significant relationship between LiLA, adaptation of pregnant women (physiological, role function, and interdependent), husband's social support, education of pregnant women, work of pregnant women, and planned pregnancy with pregnancy depression as well as a significant relationship between the work of pregnant women and LiLA (p value <0.05). The incident findings prove that preventive and promotive actions need to be further improved so as to provide effective results as proven by future research.