

# Analisis praktik residensi keperawatan medikal bedah dan studi kasus pemberian asuhan keperawatan pada pasien kanker kolorektal dengan pendekatan model adaptasi Roy = Analysis of medical nursing residency and case studies Providing Nursing Care to Colorectal Cancer Patients with Roy's Adaptation Model Approach

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## Abstrak

Saat ini profesi keperawatan telah mengalami perkembangan. Munculnya seorang perawat spesialis diharapkan dapat meningkatkan mutu pelayanan keperawatan dalam bidang kekhususannya, salah satu bidangnya yaitu keperawatan digestif. Program pendidikan spesialis keperawatan diadakan untuk memenuhi harapan tersebut. Penulisan KIAS bagi mahasiswa residen peminatan digestif, berisi tentang pengalamannya merawat 30 pasien dengan masalah sistem pencernaan menggunakan pendekatan teori model adaptasi Roy, penerapan intervensi keperawatan berdasarkan bukti ilmiah (evidence based practice), serta pelaksanaan proyek inovasi. Melakukan studi kasus dengan 30 pasien kelolaan menggunakan pendekatan teori model adaptasi roy, sesuai untuk digunakan pada pasien dengan kanker kolorektal. Penerapan evidence based nursing aromatherapy massage cukup efektif menurunkan kecemasan dan peningkatan kualitas tidur pasien pra-operasi kolorektal. Penerapan video edukasi efektif meningkatkan pengetahuan pasien pra-operasi kolostomi. Perawat yang berkompotensi massage diperlukan, agar ada alternatif intervensi keperawatan yang berkaitan dengan kecemasan dan kualitas tidur. Pemberian video edukasi stoma, diharapkan menjadi satu paket perawatan pasien stoma.

.....Nowadays the nursing profession has developed. The emergence of a specialist nurse is expected to improve the quality of nursing services in their specialty areas, one of the fields being digestive nursing. Nursing specialist education programs are held to meet these expectations. The writing of KIAS for digestive resident students contains the experience of treating 30 patients with digestive system problems using Roy's adaptation model theory approach, the application of evidence-based nursing interventions, and the implementation of innovation projects. Conducted a case study with 30 patients under management using a theoretical approach to the Roy adaptation model, suitable for use in patients with colorectal cancer. The application of evidence based nursing aromatherapy massage is quite effective in reducing anxiety and improving sleep quality in colorectal preoperative patients. The application of educational videos effectively increases the patient's knowledge of pre-colostomy surgery. Nurses with competence in massage are needed, so that there are alternative nursing interventions related to anxiety and sleep quality. Providing stoma education videos, is expected to be a package of stoma patient care.