

## **Pursuing the need for physical activity in recurrent cv a patients during hospitalization: A case report**

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### **Abstrak**

Cerebrovascular accident (CVA) is a neurological deficit condition caused by an acute focal injury of the central nervous system by cerebral infarction or intracerebral hemorrhage. CVA patients who do not reduce risk factors after the first attack have an 8.7 times higher risk of CVA recurrence. The effect of a recurrent CVA is six times greater than the risk of a first CVA in the general population of the same age and sex, and nearly half of them remain alive but are physically disabled. This case report illustrates the process of recurrent CVA and disability experienced by a 69-year-old Malay woman, a patient at a private hospital in West Kalimantan. The nursing strategy of two post-CVA physical rehabilitation exercise programs for patients during hospitalization will be explained according to the stages in nursing theory.