

# Peran Kerendahan Hati Relasional Sebagai Mediator Pada Hubungan Gaya Supervisi Dengan Supervisory Working Alliance = The Mediating Role of Relational Humility on the Relationship of Supervisory Style with Supervisory Working Alliance

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## Abstrak

Penelitian ini memiliki tujuan untuk melihat ada tidaknya pengaruh dari kerendahan hati relasional pada hubungan gaya supervisi dengan supervisory working alliance. Supervisory working alliance didefinisikan sebagai hubungan yang baik dan stabil antara supervisor dengan supervisee dalam hubungan supervisi yang mengindikasikan bagaimana supervisor dan supervisee memandang hubungan mereka satu sama lain (Bordin, 1983). Sementara itu, gaya supervisi didefinisikan sebagai cara seorang supervisor melakukan pendekatan, cara pemberian respon dan cara pemberian tugas dalam rangka memenuhi tujuan dari supervisi (Friedlander & Ward, 1984). Kerendahan hati relasional didefinisikan sebagai penilaian spesifik supervisee terhadap supervisor mengenai empat kualitas dari hubungan supervisi yang dijalani (Watkins, 2020).

Pengukuran yang digunakan dalam penelitian ini adalah alat ukur Supervisory Working Alliance Inventory – Trainee Form (Efstation, Patton dan Kardash, 1990), alat ukur Supervisory Style Inventory - Trainee (SSI-T) (Friedlander dan Ward, 1984) dan alat ukur Relational Humility Scale (Davis, 2010). Partisipan penelitian ini adalah 108 mahasiswa S2 profesi psikologi klinis di Indonesia. Pengolahan data menggunakan process makro (Hayes, 2013) dengan analisis mediasi memperlihatkan bahwa kerendahan hati relasional kerendahan hati relasional memiliki peranan mediasi parsial dalam hubungan gaya supervisi terhadap supervisory working alliance

.....The present study has the purpose of exploring the mediating role of relational humility in the relationship of supervisory style with supervisory working alliance. Supervisory working alliance is defined as good and reliable relationship between a supervisor and a supervisee in a supervision setting that indicates how the supervisor and the supervisee perceive their relationship with each other (Bordin, 1983). Meanwhile, supervisory style is defined as the supervisor distinct manner of approach and respond to supervisee and of implementing supervision (Friedlander & Ward, 1984). Whereas, relational humility in this study defined as the specific judgment of supervisee towards the supervisor in their supervisory relationship based upon four distinct qualities (Watkins, 2020). This following study used these instruments to measure the variables, Supervisory Working Alliance Inventory – Trainee Form (Efstation, Patton & Kardash, 1990), Supervisory Style Inventory - Trainee (SSI-T) (Friedlander & Ward, 1984) and Relational Humility Scale (Davis, 2010). 108 master degree students majoring in clinical psychology in Indonesia were chosen as participants of this study. Data analysis using process macro (Hayes, 2013) found relational humility partially mediate the relationship of supervisory style with supervisory working alliance