

Peran perceived threat dan self-efficacy dalam perilaku sehat pencegahan COVID-19 terhadap perilaku sehat pencegahan COVID-19 pada Mahasiswa di Indonesia = The role of perceived threat and self-efficacy of COVID-19 preventive health behavior to COVID-19 preventive health behavior among college Students in Indonesia

Farah Diba Putri, author

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Abstrak

Cara terbaik untuk tetap bertahan hidup di tengah masa pandemi COVID-19 ini adalah dengan sama sekali tidak tertular melalui pemberlakuan protokol kesehatan, namun pada kenyataannya masih banyak individu yang lalai melaksanakan protokol kesehatan tersebut. Penelitian ini bertujuan untuk mengetahui peran perceived threat dan self-efficacy dalam perilaku sehat pencegahan COVID-19 terhadap kemunculan perilaku sehat pencegahan COVID-19 pada mahasiswa di Indonesia. Penelitian ini melibatkan 372 partisipan mahasiswa melalui accidental sampling. Data penelitian ini diambil secara daring selama pandemi berlangsung. Hasil penelitian menunjukkan bahwa perceived threat dan self-efficacy berhubungan secara signifikan dengan perilaku sehat pencegahan COVID-19, yang dimana pengaruh yang lebih besar diberikan oleh perceived threat pada kemunculan perilaku sehat anti COVID-19.

.....The best way to survive in the COVID-19 pandemic is not being infected at all through the enforcement of health protocols, but there are still many individuals who neglect to implement these health protocols. This study aims to determine the role of perceived threat and self-efficacy in the COVID-19 preventive health behavior to the emergence of COVID-19 preventive health behavior among college students in Indonesia. This study involved 372 college students through accidental sampling. The research data was collected online during the pandemic. The results showed that perceived threat and self-efficacy were significantly related to COVID-19 preventive health behavior, which greater effect was caused by the perceived threat