

Hubungan peran perawat kesehatan sekolah dalam program UKS terhadap PHBS anak usia sekolah di Kota Palopo = The relationship between the role of school health nurses in the school health program on the clean and healthy living behavior of school-age children in Palopo City.

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Abstrak

Anak usia sekolah merupakan masa keemasan untuk menanamkan nilai-nilai perilaku hidup dan sehat (PHBS) sehingga berpotensi sebagai agent of change untuk mempromosikan PHBS, baik di lingkungan sekolah, keluarga dan masyarakat, karena itu Pemerintah telah mengupayakan pelayanan kesehatan anak usia sekolah (AUS) dalam program usaha kesehatan sekolah (UKS) yang terus dikembangkan dan dilaksanakan secara terpadu serta menghadirkan perawat kesehatan sekolah sebagai penanggung jawab usaha kesehatan sekolah dalam melakukan pendidikan kesehatan, pelayanan kesehatan dan pembinaan lingkungan sekolah sehat. Penelitian ini bertujuan untuk mengidentifikasi hubungan peran perawat kesehatan sekolah dalam program usaha kesehatan sekolah terhadap perilaku hidup bersih dan sehat. Desain penelitian menggunakan rancangan cross sectional dan pengambilan sampel dengan metode non probability sampling dengan cara purposive sampling dengan jumlah sampel sebanyak 139 AUS. Analisis menggunakan uji chi square yang menunjukkan terdapat hubungan antara peran perawat kesehatan sekolah dengan pengetahuan AUS terkait PHBS dengan nilai $P < 0.05$, tidak terdapat hubungan antara peran perawat kesehatan sekolah dengan sikap AUS terkait PHBS dengan nilai $P > 0.05$ dan terdapat hubungan antara peran perawat kesehatan sekolah dengan keterampilan terkait PHBS dengan nilai $P < 0,05$. Kehadiran perawat kesehatan sekolah dalam layanan kesehatan sekolah berdampak baik terhadap pembentukan perilaku hidup bersih dan sehat anak usia sekolah karena itu program ini dapat dijadikan sebagai inovasi dalam upaya pelayanan kesehatan anak sekolah.

.....School-age children are a golden age to instill the values of clean and healthy living behavior (CHLB) so that they have the potential as agents of change to promote CHLB in schools, families and communities, therefore the government has made efforts to provide health program for school age children in the school health program, which continues to be developed and implemented in an integrated manner and presents school health nurses who are responsible in school health program to providing health education, health services and healthy school environment. This study aims to identify the relationship between the role of school health nurses in the school health program on clean and healthy living behavior. The research design used a cross sectional design and the sampling method was non-probability sampling by means of purposive sampling with 139 school age children as a sample. The analysis used the chi square test which showed that there was a relationship between the role of school health nurses and the knowledge of school-age children regarding CHLB with value of $P < 0.05$, there was no relationship between the role of school health nurses and the attitudes of school-aged children related to CHLB with value of $P > 0.05$ and there was a relationship between the role of school health nurses and skills related to CHLB with value of $P < 0.05$. The presence of school health nurses in school health services has a good impact on the formation of clean and healthy behavior for school-age children, therefore this program can be used as an innovation in efforts to

provide health services for school children.