

# Analisis Praktek Residensi Keperawatan Medikal Bedah pada Pasien Gangguan Neurologi dengan Kasus Guillain Bare Syndrome menggunakan Pendekatan Model Adaptasi Roy di Rumah Sakit Cipto Mangunkusumo Jakarta = Practice Analysis of Medical Surgical Nursing Residency in Patients with Neurological Disorders with Guillain-Barre Syndrome Cases using The Roy Adaption Mode Approach at Cipto Mangunkusumo Hospital Jakarta

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## Abstrak

Praktik klinik lanjut selama praktek residensi keperawatan pada sistem neurologi dimaksudkan untuk mampu memberikan asuhan keperawatan, menerapkan Evidence Based Nursing (EBN) serta mampu berperan sebagai innovator di ruang perawatan. Peran pemberi asuhan keperawatan dilakukan dengan menggunakan mode adaptasi Roy pada pasien dengan Guillain Bare Syndrome dan 30 pasien lainnya dengan berbagai gangguan sistem persyarafan. Perilaku maladaptive paling banyak adalah model adaptasi fisiologis, yaitu penurunan kapasitas adaptif intracranial. Intervensi keperawatan berupa manajemen peningkatan tekanan intracranial. Penerapan EBN latihan core stability pada keseimbangan duduk pada pasien stroke menunjukkan pasien dapat mempertahankan keseimbangan duduk. Program inovasi keperawatan berupa penerapan manajemen ERAS pada pasien pasca kraniotomi diruang ICU, HCU dan rawat inap.

.....Advance clinical practice during the nursing residency practice in the neurological system is intended to be able to provide nursing care, implement Evidence Based Nursing (EBN) and able to act as an innovator in the treatment room. The role of nursing caregiver was performed using Roy's adaption mode in patients with Guillain-Barre Syndrome and 30 other patients with various nervous system disorders. The most maladaptive behavior is a physiological adaption model, namely a decrease in intracranial adaptive capacity. Nursing intervention in the form of management of increased intracranial pressure. The application of EBN core stability exercises to sitting balance in stroke patients shows the patient can maintain a sitting balance. Nursing innovation program in the form of application of ERAS management to post-craniotomy patients in ICU,HCU and inpatient rooms.