

Peran Moderasi Strategi Coping dalam Hubungan antara Kecemasan Karier dan Kebimbangan dalam Keputusan Karier pada Mahasiswa Tingkat Akhir di Masa Pandemi Covid-19 = The Moderating Role of Coping Strategies in The relationship between Career Anxiety and Career Indecision among Senior Year College Students in Covid-19 Pandemic

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Abstrak

Adanya situasi pandemi Covid-19 membuat isu keterbatasan lowongan kerja yang dapat membuat para mahasiswa tingkat akhir mengalami kecemasan dan kebimbangan dalam keputusan kariernya. Kondisi ini membuat mereka perlu mencaricara untuk menghadapi kecemasan dan kebimbangan dalam keputusan karier mereka. Peran strategi coping diketahui dapat membantu mahasiswa dalam mengurangi tingkat kecemasan karier dan juga kebimbangan dalam keputusan karier. Tujuan penelitian ini adalah ingin melihat peran strategi coping dalam memoderasi hubungan antara kecemasan karier dan kebimbangan dalam keputusan karier pada mahasiswa tingkat akhir. Penelitian ini merupakan penelitian kuantitatif dengan desain non-eksperimental. Partisipan pada penelitian ini sebanyak 400 mahasiswa tingkat akhir dari berbagai rumpun ilmu dan kota di Indonesia. Instrumen penelitian yang digunakan adalah kuesioner Career Decision Scale, Career Anxiety Scale dan Ways of Coping Checklist Revised. Hasil penelitian menunjukkan bahwa strategi coping terbukti memoderasi hubungan antara kecemasan karier dan kebimbangan dalam keputusan karier. Penelitian ini memiliki implikasi bahwa strategi coping dapat menurunkan tingkat kecemasan karier dan kebimbangan dalam keputusan karier pada mahasiswa tingkat akhir. Selain itu, hasil penelitian ini memberikan beberapa manfaat bagi praktisi pengembangan karier di perguruan tinggi

.....The Covid-19 pandemic situation gives impact of the uncertain conditions on the working world that make senior year college students causing anxiety and career indecision. This condition makes them need to find ways to deal with the anxiety and career indecisions. The role of coping strategies is apparently known to help students reduce the career anxiety levels as well as career indecision. The purpose of this study was to investigate the role of coping strategies in moderating the relationship between career anxiety and career indecision among senior year college students. This research was a quantitative study with a non-experimental research design. Participants in this study were 400 senior year college students from various faculties and cities in Indonesia. Research instruments such as Career Decision Scale questionnaire, Career Anxiety Scale and Ways of Coping Checklist revised were used in this study. The results indicated that coping strategies had a moderation in the relationship between career anxiety and career decisions in senior year college students. This study had the implication that coping strategies can reduce career anxiety and also career indecision among senior year college students. In addition, the results of this study provided several benefits for career development practitioners in higher education.