

# Analisis Faktor yang Berhubungan dengan Status Pertumbuhan Balita Stunting Saat Pandemi Covid-19 di Kabupaten Lombok Timur = Analysis of Factors Related to Growth Status of Stunting Children Under Five During the Covid-19 Pandemic in East Lombok District

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## Abstrak

Pandemi Covid-19 berdampak terhadap semua sektor, salah satunya terhadap pertumbuhan balita stunting. Penelitian ini bertujuan untuk menganalisis faktor yang berhubungan dengan status pertumbuhan balita stunting saat pandemi Covid-19. Penelitian ini adalah penelitian kuantitatif dengan metode cross sectional dengan jumlah 187 balita stunting dan orang tua pada 10 wilayah daerah lokus stunting. Sampel pada penelitian ini diambil menggunakan teknik proportional allocation sampling dengan menyebarkan kuesioner dan dianalisis secara multivariat. Terdapat beberapa faktor yang berhubungan dengan status pertumbuhan balita stunting yaitu klasifikasi stunting, berat badan lahir, usia pemberian MP-ASI, penyakit infeksi, status ketahanan pangan, kualitas makanan, pendapatan dan sumberdaya keuangan dan kesehatan lingkungan rumah. Kesehatan lingkungan rumah tangga merupakan faktor yang paling berhubungan dimana apabila balita stunting memiliki kesehatan lingkungan rumah tangga yang baik maka dapat meningkatkan status pertumbuhan sebanyak 0,681 kali. Intervensi berkelanjutan dalam hal kesehatan lingkungan rumah tangga saat pandemi Covid-19 perlu dilakukan.

.....Pandemic Covid-19 has an impact on all sectors, one of which is the growth of stunting children under five. This study aims to analysis the factors related to the growth status of stunting child under five during pandemic Covid-19. This study is a quantitative study using cross sectional method, This study is a quantitative study with a cross sectional method with a total of 187 stunting toddlers and parents in 10 stunting areas. sample in this study was taken using the proportional allocation sampling technique, data was collected by distributing questionnaires and then analysis by multivariate. There are several factors related to the growth status of stunted child in pandemic Covid-19, namely stunting classification, birth weight, birth weight, age of complementary feeding, infectious diseases, food security status, food quality, income and financial resources and household environmental health. Household environmental health is the most related factor, if stunting toddlers have good household environmental health, they can increase their growth status by 0.681 times. Ongoing interventions related to household environmental health during the pandemic Covid-19 is necessary.