

Hubungan Kecerdasan Emosional dengan Perilaku Caring Mahasiswa yang Sudah Praktik Klinik di Fakultas Ilmu Keperawatan di Depok = The Relationship between Emotional Intelligence and Caring Behavior of Clinical Practice Students at The Nursing Faculty in Depok

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Abstrak

Kecerdasan emosional pada mahasiswa keperawatan merupakan hal yang penting karena berkaitan dengan perilaku caring. Caring merupakan inti dalam ilmu keperawatan. Perilaku caring dibentuk sejak seseorang memasuki pendidikan keperawatan dan dilatih dengan pengalaman klinik. Penelitian ini meneliti hubungan kecerdasan emosional dengan perilaku caring mahasiswa yang sudah praktik klinik fakultas keperawatan di Depok. Teknik pengambilan sampel menggunakan propotionate stratified random sampling dengan sampel yang didapat sebanyak 235 mahasiswa keperawatan. Instrumen yang digunakan Trait Emotional intelligence Questionnaire-short form (TEIQue-SF) untuk kecerdasan emosional, dan perilaku caring disusun dari kuesioner the caring reflective behavior index dan kuesioner peer group caring interaction scale. Kedua instrumen telah diuji kembali validitas dan reliabilitasnya. Hasil penelitian didapatkan kecerdasan emosional mahasiswa tinggi (52,3%) dan perilaku caring baik (54,5%). Hasil uji hubungan didapatkan korelasi positif antara kecerdasan emosional dengan perilaku caring ($p < 0,0001$; $r = 0,291$) yang berarti adanya hubungan signifikan antara kecerdasan emosional dengan perilaku caring mahasiswa. Hasil penelitian dapat disimpulkan mayoritas mahasiswa keperawatan yang sudah praktik klinik fakultas keperawatan di Depok mayoritas memiliki kecerdasan emosional tinggi, cenderung memiliki perilaku caring yang baik 68,3%.

.....Emotional intelligence in nursing students is important because it is related to caring behavior. Caring is the core of nursing science. Caring behavior is formed since a person enters a nursing education and is trained with clinical experience. This studied examines the relationship between emotional intelligence and caring behavior of students in clinical practice at the nursing faculty in Depok. The sampling technique used was proportional stratified random sampling with a total sample of 235 nursing students. The instrument used is the Trait Emotional Intelligence Questionnaire-short form (TEIQue-SF) for emotional intelligence, and caring behavior consists of a reflective caring behavior index questionnaire and a peer group caring interaction scale questionnaire. Both instruments have been retested for validity and reliability. The results showed that the students' emotional intelligence was high (52.3%) and caring behavior was good (54.5%). The results of the relationship test showed that there was a positive relationship between emotional intelligence and caring behavior ($p < 0.0001$; $r = 0.291$), which means that there was a significant relationship between emotional intelligence and student caring behavior. The results of the study concluded that most nursing students who did clinical practice at the nursing faculty in Depok had high emotional intelligence, tended to have good caring behavior 68.3%.