

## Aplikasi teori kenyamanan dalam asuhan keperawatan hipotermia saat transportasi neonatus intra rumah sakit = The application of comfort theory in infant nursing care with hipotermia when neonate transportation intra-hospital

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### Abstrak

Neonatus yang mengalami transportasi mempunyai risiko tinggi untuk terjadinya hipotermia. Perawat yang melakukan transportasi neonatus intra rumah sakit seharusnya dibekali pedoman dalam mengurangi masalah hipotermia dan meningkatkan praktik transportasi. Tujuan karya ilmiah ini adalah untuk mengaplikasikan Teori Kenyamanan/Comfort Kolcaba dalam asuhan keperawatan hipotermia saat transportasi neonatus intra rumah sakit. Penelitian ini dilakukan dengan metode studi kasus terhadap lima bayi yang melakukan transportasi neonatus intra rumah sakit melalui pendekatan proses keperawatan. Aplikasi Teori Kenyamanan memperhatikan empat konteks kenyamanan yaitu kenyamanan fisik, psikospiritual, sosiokultural, dan lingkungan. Intervensi keperawatan yang dilakukan berdasarkan evidence-based nursing practice >seperti mengatur suhu inkubator, menggunakan topi atau plastik pada bayi dengan berat badan kurang dari 1500 gram, memposisikan bayi di dalam nesting, gentle human touch, dan intervensi lainnya. Edukasi transportasi neonatus intra rumah sakit terbukti efektif dapat meningkatkan pengetahuan, sikap, dan keterampilan perawat dalam mencegah hipotermia, sehingga dapat menjadi bahan pengembangan asuhan keperawatan dan kajian untuk menyusun standar prosedur operasional transportasi neonatus intra rumah sakit.

.....Neonates who undergo transportation have a high risk for hypothermia. Nurses who carry out intrahospital transportation of neonates should be provided with guidelines to reduce hypothermia problems and improve transport practices. The purpose of this scientific work is to apply Kolcaba's Comfort Theory in nursing care for hypothermia during intrahospital transportation of neonates. This research was conducted using a case study method on five infants who carried out intra-hospital neonatal transportation through a nursing process approach. The application of Comfort Theory pays attention to four contexts of comfort, namely physical, psycho-spiritual, sociocultural, and environmental comfort. Nursing interventions are based on evidence-based nursing practice. such as regulating the temperature of the incubator, using a cap or plastic for infants weighing less than 1500 grams, positioning the baby in nesting, gentle human touch, and other interventions. Intra-hospital neonatal transportation education has been proven to be effective in improving the knowledge, attitudes, and skills of nurses in preventing hypothermia, so that it can be used as material for developing nursing care and studies to develop standard operating procedures for intra-hospital neonatal transportation.