

Stres Pengasuhan dan Kebahagiaan Pada Ibu yang Bekerja dari Rumah di Masa Pandemi = Parenting Stress and Subjective Well-Being of Working From Home Mothers During Pandemic

Simanjuntak, Thalita Margriet M, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20522931&lokasi=lokal>

Abstrak

Sejak adanya pembatasan aktivitas di luar rumah akibat masuknya virus corona ke Indonesia, aktivitas bekerja dan bersekolah harus mengalami perubahan dari luring menjadi daring. Bekerja secara remote menjadi cara yang digunakan banyak perusahaan dalam upaya penyesuaian di tengah kondisi pandemi. Ibu yang bekerja selama pandemi akhirnya harus menginjakkan kaki mereka di banyak peran dan harus menggantikan peran guru bagi anak-anaknya di rumah. Menggunakan uji korelasi pearson product moment, ditemukan adanya hubungan negatif yang signifikan antara stres pengasuhan dan kebahagiaan pada ibu yang bekerja dari rumah di masa pandemi. Hal ini berarti semakin tinggi stres yang dialami oleh ibu menyebabkan penurunan kebahagiaan yang dirasakan.

.....Since the outdoor activities restrictions due to the Corona virus in Indonesia, work and school activities are experiencing changes from offline to online. Working remotely is becoming a new method that is used by many companies in an effort to adjust to the pandemic situation. Mothers who worked during the pandemic had to set foot in many roles and have to replace the role as teacher for their children at home. By using the pearson product moment correlation test, it was found that there was stress experienced by the parenting process that was related to happiness in mothers who worked from home during the pandemic. This means, that the higher the stress experienced by the mother causes a decrease in the happiness felt.