

Aplikasi teori Keperawatan Orem pada Aneurisma Aorta Post Operasi Bentall dan Repair Katup Mitral : study kasus = Application of Orem's Nursing Theory in Aneurisma Aorta following Bentall Procedure and Mitral Valve Repair : a case study

Basuki Rachmat, author

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Abstrak

Praktik Residensi Ners Spesialis Keperawatan Medikal Bedah, Peminatan Keperawatan Kardiovaskular dilaksanakan di RS Jantung dan Pembuluh Darah Harapan Kita Jakarta selama dua semester bertujuan untuk mengaplikasikan peran ners spesialis dalam mengelola pasien gangguan kardiovaskular dengan menggunakan teori keperawatan Orem. Peran sebagai pemberi asuhan keperawatan dicapai dengan target mengelola 30 kasus resume dan 1 kasus kelolaan utama pasien dengan Post operasi Bentall dan MV repair pada Aneurisma aorta. Peran ners spesialis sebagai peneliti dicapai dengan penyusunan proposal penerapan intervensi keperawatan berbasis bukti (evidence based nursing practice), dengan topik akurasi penimbangan berat badan tiap hari dibandingkan dengan pencatatan keseimbangan cairan harian dalam menilai status hidrasi pasien gagal jantung. Peran sebagai inovator dilaksanakan secara kelompok berupa penerapan serah terima pasien terstruktur dengan metoda MDS-ECHO (Minimum Data Set for Effective Clinical HandOver). Hasil praktik residensi menunjukkan bahwa teori Orem efektif digunakan pada pasien dengan gangguan kardiovaskular dan metoda MDS-ECHO mendapatkan respon positif untuk dapat diterapkan di RS Jantung dan Pembuluh Darah Harapan Kita Jakarta. Proposal EBN tidak dapat dilaksanakan karena terkendala pandemi COVID 19.

.....Medical Surgical Nursing Specialist Residency practice in Cardiovascular Nursing specialization is held at The National Cardiovascular Center Harapan Kita Hospital for two semester aiming to apply the role of specialist nurse in managing patients with cardiovascular disorders using Orem's nursing theory. The role as a nursing care provider is achieved with the target of managing 30 resume cases and 1 main managed case of patient with Post Bentall surgery and MV repair on aortic aneurysm. The role of specialist nurse as researcher is achieved by preparing proposals for the application of evidence- based nursing practice, with the topic of the accuracy of weighing daily body weight compared to recording fluid balance in assessing the hydration status of heart failure patient. The role as an innovator is carried out in groups in the form of implementing structured patient handover using the MDS-ECHO (Minimum Data Set for Effective Clinical HandOver). The results of the residency practice show that Orem's theory is effectively used in patient with cardiovascular disorders and the MDS-ECHO method gets a positive response to be applied at Harapan Kita Hospital. The EBN proposal could not be implemented due to the COVID 19 pandemic.