

# Peran keberfungsian keluarga terhadap General Self-Efficacy pada dewasa muda di masa Pandemi COVID-19 = The role of family functioning on young adults General Self-Efficacy in COVID-19 Pandemic

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## Abstrak

Penelitian bertujuan untuk melihat peran keberfungsian keluarga terhadap individu dewasa muda di situasi pandemi COVID-19. Peneliti menggunakan penelitian kuantitatif dan non-eksperimental. Peneliti mengumpulkan data secara daring melalui yang berisi alat ukur keberfungsian keluarga (FAD) dan alat ukur (GSES). Partisipan penelitian merupakan 411 individu usia dewasa muda, laki-laki dan perempuan dengan rentang usia 18 - 25. Berdasarkan analisis statistik regresi berganda, keberfungsian keluarga secara signifikan dapat memprediksi dewasa muda pada masa pandemi COVID-19 Ditemukan pemecahan masalah dan komunikasi merupakan dimensi yang berperan signifikan. Oleh karena itu, diharapkan pada situasi pandemi COVID-19, keluarga dapat berfungsi dengan baik dan memiliki kemampuan pemecahan masalah dan komunikasi yang efektif untuk memengaruhi.....

This study aims to examine the role of family functioning on general self-efficacy of young adults in the COVID-19 pandemic situation. Researchers used quantitative and non- experimental research. Data collected online through google form that contained family functioning measurement tool (FAD) and general self-efficacy measurement tool (GSES). Participants were 411 young adult, male and female with an age range of 18 - 25. Based on multiple regression statistical analysis, family functioning significantly predicts the general self-efficacy of young adults during the COVID-19 pandemic . It was found that problem solving and communication are dimensions that play a significant role. Therefore, it is hoped that in the COVID-19 pandemic situation, families can function well, have effective problem solving and communication skills to influence the general self-efficacy of young adults.