

# Peran Kualitas Hubungan Ibu dan Anak terhadap Regulasi Emosi Anak Usia Dini = The Role of Mother-Child Relationship on Children's Emotion Regulation in Early Childhood

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## Abstrak

Penelitian ini bertujuan untuk menginvestigasi peran kualitas hubungan ibu dan anak terhadap regulasi emosi anak usia dini, serta melihat peran dari setiap dimensi kualitas hubungan ibu dan anak terhadap regulasi emosi anak usia dini. Dalam penelitian ini, alat ukur Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO) dan Emotion Regulation Checklist (ERC) diadministrasikan pada 32 partisipan ibu dan anak yang berusia 24-47 bulan melalui metode observasi dan pengisian kuesioner. Hasil analisis utama dengan menggunakan regresi menunjukkan bahwa kualitas hubungan ibu dan anak tidak berperan secara signifikan terhadap regulasi emosi anak usia dini ( $F = 0,179$ ,  $p < 0,05$ ).

.....This study aims to find out about the role of the quality of the mother-child relationship on children's emotion regulation in early childhood, and also to know how the role of each dimension of the quality of the mother-child relationship on the children's emotion regulation in early childhood. In this study, measuring instruments such as Parenting Interactions with Children: Checklist of Observations Linked to Outcomes (PICCOLO) and Emotion Regulation Checklist (ERC) were administered to 32 participants, mothers and children aged 24-47 months through observation and filling out questionnaires. The results of the main analysis using regression showed that the quality of the mother-child relationship did not play a significant role in the children's emotion regulation in early childhood ( $F = 0.179$ ,  $p < 0.05$ ).