

# Efektivitas Pemberian Latihan Functional Chewing terhadap Fungsi Mengunyah pada Anak Palsi Serebral dengan Disfagia Fase Orofaringeal: Laporan Berbasis Bukti = Effectiveness of Functional Chewing Training on Chewing Function of Children with Cerebral Palsy with Oropharyngeal Dysphagia: Evidence Based Case Report

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## Abstrak

Tesis ini disusun untuk menilai pengaruh latihan Functional Chewing terhadap fungsi mengunyah pasien anak palsi serebral dengan disfagia fase orofaringeal menggunakan metode penelitian evidence-based case report (EBCR). Pencarian literatur dilakukan pada Cochrane, Pubmed, Science direct, Oxford Academic dan Sage Journals sesuai dengan pertanyaan klinis. Penelitian ini menggunakan meta-analisis pada kedua jurnal yang didapat untuk menilai kualitasnya berdasarkan validitas, kepentingan dan aplikabilitasnya. Dari hasil meta-analisis didapatkan bahwa subjek penelitian adalah disfagia orofaringeal pada anak palsi serebral dengan GMFCS level V dan indikator kemampuan mengunyah Karaduman Chewing Performance Scale (KCPS) 4 yang mendapatkan latihan Functional Chewing memiliki kemampuan mengunyah yang lebih baik dibandingkan yang mendapatkan latihan oromotor tradisional. Kesimpulan penelitian ini adalah latihan Functional Chewing dapat meningkatkan kemampuan mengunyah pada pasien anak palsi serebral dengan disfagia fase orofaringeal.

.....This thesis was designed to assess the effect of Functional Chewing exercise on the chewing function of children with cerebral palsy with oropharyngeal dysphagia using an evidence-based case report (EBCR) research method. A literature search was performed on Cochrane, Pubmed, Science direct, Oxford Academic and Sage Journals according to clinical questions. This study uses a meta-analysis of the two journals obtained to assess their quality based on their validity, importance and applicability. From the results of the meta-analysis, it was found that the research subject was oropharyngeal dysphagia in children with cerebral palsy with GMFCS level V and the Karaduman Chewing Performance Scale (KCPS) 4 chewing ability indicator who received Functional Chewing exercise had better chewing ability than those who received traditional oromotor exercise. The conclusion of this study is that Functional Chewing exercises can improve chewing ability in children with cerebral palsy with oropharyngeal dysphagia.