

## Peran Relationship Maintenance Behavior dan Perceived Fairness terhadap kepuasan perkawinan. = The Role of Relationship Maintenance Behavior and Perceived Fairness on Marital Satisfaction

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### Abstrak

Perceraian yang semakin hari semakin meningkat di Indonesia salah satunya disebabkan oleh tingkat kepuasan perkawinan yang rendah. Kepuasan perkawinan sendiri dapat didefinisikan sebagai sikap individu terhadap perkawinannya. Penelitian ini bertujuan untuk melihat peran relationship maintenance behavior dan perceived fairness terhadap kepuasan perkawinan. Penelitian dilakukan kepada 99 perempuan dan 87 laki-laki yang sedang berada pada perkawinan pertama dan memiliki anak dengan pasangan saat ini. Teknik pengambilan partisipan menggunakan convenience sampling. Alat ukur yang digunakan dalam penelitian ini yaitu Quality Marriage Index (QMI), Relationship Maintenance Behavior Measure (RMBM), dan alat ukur Perceived Fairness milik Claffey dan Mickelson (2009). Hasil penelitian menunjukkan bahwa relationship maintenance behavior dan perceived fairness terbukti dapat memprediksi kepuasan perkawinan. Ketika dianalisis lebih lanjut, terlihat bahwa relationship maintenance behavior memiliki kontribusi yang lebih besar terhadap kepuasan perkawinan (39.49%) dibanding perceived fairness (18.39%). Hasil penelitian ini dapat digunakan sebagai referensi bagi praktisi dan masyarakat untuk lebih memperhatikan relationship maintenance behavior dan perceived fairness untuk menjaga tingkat kepuasan perkawinan mereka.

.....Divorce is keeps increasing in Indonesia, one of the causes was the low level of marital satisfaction. Marital satisfaction itself can be defined as an individual's attitude towards his/her marriage. This study is aimed to examine the role of relationship maintenance behavior and perceived fairness on marital satisfaction. This study is conducted to 99 women and 87 men who are still in their first marriage and have children with their current partner. The sampling technique that is used in this study is convenience sampling. The measurement that is used in this study is Quality Marriage Index (QMI), Relationship Maintenance Behavior Measure (RMBM), and perceived fairness inventory by Claffey and Mickelson (2009). The results of this study shows that relationship maintenance behavior and perceived fairness were proven to be able to predict marital satisfaction. Looking further, it seems that relationship maintenance behavior has a greater contribution to marital satisfaction (39.49%) than perceived fairness (18.39%). The results of this study can be used as a reference for practitioners and the public to pay more attention to relationship maintenance behavior and perceived fairness to maintain their level of marital satisfaction.