

Hubungan antara kualitas hubungan romantis dan kemampuan stress-coping di tengah masa pandemi COVID-19 = The Relationship between romantic relationship quality and stress-coping ability during the covid-19 pandemic

Alefa Passadhya Raihani, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20528042&lokasi=lokal>

Abstrak

Penelitian ini bertujuan untuk mengetahui hubungan antara kualitas hubungan romantis dan kemampuan stress-coping pada masa pandemi COVID-19. Partisipan (N=245) terdiri dari individu berusia 18-29 tahun yang berpacaran atau sudah menikah. Berdasarkan teknik korelasi Pearson, ditemukan bahwa terdapat korelasi positif dan signifikan di antara kedua variabel, namun hubungan tersebut dinyatakan lemah. Penelitian ini menemukan bahwa kualitas hubungan romantic hanya sedikit berpengaruh terhadap kemampuan stress-coping.

.....The aim of this study is to find the relationship between romantic relationship quality and stress-coping ability during the COVID-19 pandemic. Participants (N=245) consist of individuals aged 18-29 who are dating or married. Using the Pearson correlation method, it is found that there is a positive and significant correlation between the two variables, but the relationship is weak. This study found that the quality of a romantic relationship has only a small effect on the ability to cope with stress.