

The management of systemic lupus with multi organ involvement

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Abstrak

Systemic lupus erythematosus (SLE) as a chronic autoimmune disease with multi-organ involvement often occurs in women of childbearing age. We report a case of active SLE in a 23 year old woman who presented with multi-organ involvement, including pericardial effusion, severe anemia that caused congestive heart failure, and kidney involvement. ANA and anti ds DNA were positive. The patient was treated with intravenous digoxin followed by a daily dose of oral digoxin, 0.5 mg/day of furosemide, 600 ml packed red cell transfusion, and 1.5 mg/kg bodyweight/day of prednisone. The patient was discharged in good condition on the 15th day of hospitalization.