

Food based dietary guidelines (FBDG) for 9-11 month old children developed using programming to optimize child feeding in urban area of Bogor : comparison of rapid assessment procedure (RAP) and survey result

Otte Santika, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=98451&lokasi=lokal>

Abstrak

Adequate nutrition during the first 2 year of life is important to ensure optimal physical and mental development of infants and young children. Therefore sustainable adequate nutrient intake is critical in childhood.

In 2002, WHO urges all countries to promote improved CF practices to ensure optimal health, growth and development of young children. Research is needed in priority areas including examining the use of LP for developing context-specific complementary feeding guidelines.

Food-based dietary guidelines (FBDG), which promote culturally acceptable and affordable changes to local complementary feeding practices, will enhance chances for sustainable improvements in childhood nutritional status. As basis for documenting and understanding the dietary data for developing FBDG, several approaches can be used. Survey approach is usually used for developing FBDG; however this approach requires plenty of resources. In developing countries where resource is scare, rapid assessment procedure (RAP) method can be used as alternative. This method is rapid, and low in cost. Both approaches can be used in developing FBDG based on LP.

The objective of this study was to compare FBDG of complementary feeding for children age 9-11 months old based on Rapid Assessment Procedure (RAP) result and survey approach.