

Kontribusi Perspektif Waktu Masa Depan terhadap Adaptabilitas Karier Siswa SMP di Banyuwangi = Contribution of Future Time Perspective to Career Adaptability of Middle School Students in Banyuwangi

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Abstrak

<p>Masa remaja merupakan masa yang penting untuk mulai mempersiapkan karier. Salah satu sumber daya yang penting untuk dimiliki individu untuk dapat menghadapi tantangan karier adalah adaptabilitas karier. Terdapat empat kemampuan yang menunjukkan adaptabilitas karier, yakni career concern, career control, career curiosity, dan career confidence. Penelitian ini bertujuan untuk melihat kontribusi dari dimensi connectedness dan value dalam perspektif waktu masa depan terhadap adaptabilitas karier siswa SMP di Banyuwangi, Indonesia. Penelitian dengan desain cross-sectional dilakukan terhadap 1.214 siswa SMP (M = 13,52, SD = 1,029). Hasil analisis multiple linear regression menunjukkan bahwa connectedness dan value dapat memprediksi adaptabilitas karier pada siswa SMP di Banyuwangi secara signifikan ($F(2, 1211) = 143.934, p < 0,001, R^2 = 0,192$). Dimensi connectedness menunjukkan pengaruh yang lebih tinggi dibandingkan dimensi value. Hasil penelitian ini juga menunjukkan pentingnya mendorong remaja untuk mulai memahami hubungan antara perilaku di masa kini dengan konsekuensi di masa depan (connectedness) serta menghargai tujuan jangka panjang (value) secara lebih dini.</p><hr /><p>Adolescence is an important time to start preparing for a career. One of the important psychological resources' individuals need to develop to successfully manage career challenges is career adaptability. There are four abilities that show career adaptability, namely career concern, career control, career curiosity, and career confidence. This study aims to investigate the contribution of connectedness and value dimensions in future time perspective to career adaptability of middle school students in Banyuwangi, Indonesia. The study with a cross-sectional design was conducted on 1.214 middle school students ($M = 13.52$, $SD = 1.029$). Multiple linear regression analysis indicates that connectedness and value significantly predicted career adaptability among middle school students in Banyuwangi ($F(2, 1211) = 143.934, p < .001, R^2 = 0.192$). Connectedness dimension shows higher contribution than value dimension. The results of this study also show the importance of encouraging early adolescents to understand the connection between present behavior and future consequence (connectedness) and to value long-term goals (value).</p>