

# Gambaran Penerapan Protokol Kesehatan 5M oleh Siswa di SMAN 1 Jakarta Tahun Ajaran 2022/2023 = Description of Implementation of Health Protocols 5M by Students at SMAN 1 Jakarta Academic Year 2022/2023

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## Abstrak

Pandemi COVID-19 masih berlangsung di seluruh dunia. Terjadinya dua lonjakan kasus pada awal pelaksanaan pembelajaran tatap muka menunjukkan adanya peningkatan resiko penularan COVID-19 di sekolah. Penelitian dilakukan untuk melihat gambaran penerapan protokol kesehatan di sekolah. Metode yang digunakan dalam penelitian ini adalah metode kuantitatif dengan desain studi cross sectional. Populasi penelitian adalah seluruh siswa SMAN 1 Jakarta Tahun Ajaran 2022/2023, sampel penelitian adalah 290 siswa SMAN 1 Jakarta yang diambil dengan metode non probability sampling. Data dianalisis secara univariat. Hasil analisis univariat menunjukkan 51,4% siswa memiliki pengetahuan baik, 53,4% siswa memiliki sikap positif, 55,5% siswa memiliki dukungan teman kurang, 60% siswa memiliki dukungan guru baik, 65,9% siswa memiliki dukungan keluarga baik, 51,7% siswa menyatakan dukungan sekolah baik, 52,4% siswa memiliki perilaku penerapan protokol kesehatan baik. Secara umum lebih dari separuh siswa menerapkan protokol kesehatan dengan baik. Rekomendasi bagi peneliti berikutnya untuk meneliti secara kualitatif untuk mendapat gambaran yang lebih faktual.

.....The COVID-19 pandemic is still ongoing worldwide. The occurrence of two spikes in cases at the start of the implementation of face-to-face learning proves there is an increased risk of COVID-19 transmission in schools. The research was conducted to see an overview of the implementation of health protocols in schools through a quantitative method with a cross-sectional study design. The research sample was 290 students of SMAN 1 Jakarta who were taken using a non-probability method. The results of the univariate analysis showed that 51.4% students had good knowledge, 53.4% students had a positive attitude, 55.5% students had less peer support, 60% students had good teacher support, 65.9% students had good family support, 51.7% students stated that school support was good, 52.4% students had good health protocol implementation behavior. In general, more than half students have a good category for the application of health protocols. Recommendations for future researchers to do qualitative research to get a more factual picture.