

## Dukungan Sosial Komunitas pada Pasien Isolasi Mandiri Covid-19 (Studi Deskriptif di RW 06 Kelurahan Kayu Putih) = Community Social Support For Self-Isolation Patients Covid-19 (Descriptive Study at RW 06 Kelurahan Kayu Putih)

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### Abstrak

Penelitian ini membahas kesejahteraan sosial bagi pasien isolasi mandiri Covid-19 agar tetap mencapai kondisi well being pada dirinya. Penelitian ini dilatarbelakangi oleh angka kasus Covid-19 yang tinggi sehingga terdapat pasien yang menjalani perawatan isolasi mandiri. Namun terdapat permasalahan tersendiri bagi pasien isolasi mandiri Covid-19 yaitu mengalami kendala dalam memenuhi kebutuhan hidup maupun perawatan dan akses layanan kesehatan, serta masalah mental seperti stres, depresi, kecemasan, dan kesepian. Penelitian ini menggunakan jenis dan pendekatan penelitian kualitatif deskriptif dengan tujuan untuk mendeskripsikan mengenai bentuk dukungan sosial pada pasien isolasi mandiri Covid-19 dan dampak dukungan sosial pada pasien isolasi mandiri Covid-19 secara mendalam. Hasil penelitian ini ditemukan bahwa Komunitas RW 06 memberikan dukungan sosial pada pasien isolasi mandiri Covid-19. Adapun dukungan sosial yang diberikan dalam bentuk dukungan emosional, dukungan informasi, dan dukungan instrumental. Dukungan sosial yang diberikan warga RW 06 memberikan dampak pada pasien isolasi mandiri Covid-19, diantaranya mengurangi stres dan merasa dicintai atau diharga. Hasil penelitian ini diharapkan dapat menambah pengembangan kontribusi pada konsep mengenai dukungan sosial dan jaringan sosial pada mata kuliah Masalah Kesehatan dan Kesejahteraan Sosial serta Teori Kesejahteraan Sosial Dasar dalam pembahasan mengenai Sistem dan perspektif Ekologi.

.....This study discusses social welfare for Covid-19 self-isolation patients to maintain their well-being. This research was motivated by the high number of Covid-19 cases there were patients undergoing independent isolation treatment. However, there are separate problems for patients with self-isolation of Covid-19, namely experiencing problems in meeting their living needs as well as care and access to health services, as well as mental problems such as stress, depression, anxiety, and loneliness. This study uses a descriptive qualitative research type and approach to describe the forms of social support in patients with self-isolation of Covid-19 and the impact of social support in patients with self-isolation of Covid-19 in depth. The results of this study found that the RW 06 Community provided social support to Covid-19 self-isolation patients. The social support provided is in the form of emotional support, informational support, and instrumental support. The social support provided by RW 06 residents has had an impact on Covid-19 self-isolation patients, including reducing stress and feeling loved or valued. The results of this study are expected to add to the development of contributions to the concept of social support and social networks in the subjects of Health and Social Welfare Issues and Basic Social Welfare Theory in Systems and Ecological Perspectives.