

# Analisis Praktik Residensi Keperawatan Medikal Bedah pada Pasien dengan Abses Serebri Menggunakan Pendekatan Model Adaptasi Roy di RS Pusat Otak Nasional = Analysis of Medical Surgical Nursing Residency Practices in Brain Abscess Patients Using Roy's Adaptation Model Approach at National Brain Center Hospital Jakarta

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## Abstrak

Praktik residensi keperawatan medikal bedah yang dilakukan selama dua semester telah memberikan asuhan keperawatan pada pasien dengan gangguan neurologi, melakukan telaah evidence based nursing dan proyek inovasi yang dilakukan di RS Pusat Otak Nasional. Peran pemberian asuhan keperawatan pada kasus kelolaan utama yaitu dengan abses serebri dan 30 pasien resume menggunakan teori adaptasi Roy. Perilaku maladaptif paling banyak adalah pada mode adaptasi fisiologi. Penerapan EBN tentang intervensi tehnik relaksasi Progressive Muscle Relaxation (PMR) yang dirangkai dengan Shavasana untuk mengatasi Post Stroke Anxiety (PSA). Pelaksanaan proyek inovasi penerapan Modified Rankin Scale (mRS) pada pasien pasca stroke di RS PON.

.....The medical surgical nursing residency practice which was carried out for two semesters has provided nursing care for patients with neurological disorders, conducted evidence-based nursing studies and innovation projects carried out at National Brain Center Hospital Jakarta. The role of providing nursing care in the main cases, namely brain abscess and 30 resume patients using Roy's adaptation theory. Most maladaptive behavior is in the physiological adaptation mode. Application of EBN regarding Progressive Muscle relaxation (PMR) technique with Shavasana on Post Stroke Anxiety (PSA). Implementation of innovation project implementing the Modified Rankin Scale (mRS) in stroke patients at National Brain Center hospital Jakarta.