

Analisis Praktik Residensi Spesialis Keperawatan Medikal Bedah Pada Kasus Spinal Cord Injury Level Torakal Dengan Pendekatan Model Adaptasi Roy = Analysis Of Medical Surgical Nursing Residency Practices In Thoracic Level Spinal Cord Injury Using Roy's Adaptation Model Approach

Kharisma Adytama Putra, author

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Abstrak

Praktek klinik lanjut selama praktek residensi keperawatan pada sistem muskuloskeletal dimaksudkan untuk mampu memberikan asuhan keperawatan, menerapkan praktik Keperawatan Berbasis Bukti serta mampu berperan sebagai inovator di ruang perawatan. Peran pemberi asuhan keperawatan dilakukan dengan menggunakan model adaptasi Roy pada pasien dengan Spinal Cord Injury dan 30 pasien lainnya dengan berbagai gangguan sistem muskuloskeletal. Perilaku maladaptif paling banyak adalah mode adaptasi fisiologi, yaitu gangguan mobilitas fisik. Intervensi keperawatan berupa manajemen mobilisasi fisik ditujukan untuk meningkatkan adaptasi pasien dalam meningkatkan kebutuhan aktivitas. Penerapan praktik Keperawatan Berbasis Bukti difokuskan pada Respiratory Muscle Training pada lima pasien Spinal Cord Injury menunjukkan keefektifan Respiratory Muscle Training dalam meningkatkan fungsi pernapasan. Program inovasi keperawatan berupa pemberian edukasi pra dan pasca pada pasien yang akan menjalani tindakan Total Knee Arthroplasty

.....Advanced clinical practice during a nursing residency on the musculoskeletal system is intended to provide nursing care, apply the evidence-based practice, and act as an innovator in the treatment room. The role of nursing care providers is carried out using Roy's adaptation model in patients with Spinal Cord Injury and 30 other patients with various disorders of the musculoskeletal system. Most maladaptive behaviour is a model of physiological adaptation, namely impaired physical mobility. Nursing interventions in physical mobilization management are intended to improve patient adaptation to increasing activity needs. The implementation of Evidence-Based Nursing practice focused on Respiratory Muscle Training in five Spinal Cord Injury patients demonstrated the effectiveness of Respiratory Muscle Training in improving respiratory function. The nursing innovation program provides pre- and post-education to patients who will undergo Total Knee Arthroplasty.