

## Kupikir segalanya akan beres saat aku dewasa: Hal-hal yang perlu diketahui di masa muda

Haenam, Kim, author

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### Abstrak

"When I grow up, I think I won't get sick. When I grow up, I think I will become stronger. When I grow up, I think I won't get hurt. I wrote this book as a guide and a connecting cord for the sick soul. I wrote this book to share my knowledge and stories with people who have problems with their mental health and suffer from it, and together find the answer to the question, 'Then, what should I do now?' If this way could cure them or become a bright light to open the door of hope, there is nothing I hope more of it." -Kim Haenam