

Gambaran Kesiapan Perawat Dalam Mengimplementasikan Pendekatan Safewards di Rumah Sakit Jiwa = An Overview of Nurses' Readiness in Implementing a Safewards Approach at the Mental Hospital

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Abstrak

Safewards merupakan suatu pendekatan untuk memberikan layanan kesehatan mental rawat inap dengan tujuan meminimalkan jumlah konflik yang muncul antara perawat dan klien pada penggunaan intervensi pembatasan dan atau penahanan. Penelitian ini bertujuan untuk menilai karakteristik perawat meliputi jenis kelamin, usia, tingkat pendidikan, pengalaman kerja, pelatihan safewards yang pernah diikuti dan mengidentifikasi kesiapan perawat yang meliputi sikap, pengetahuan yang dipersepsikan serta keterampilan. Penelitian dilakukan menggunakan desain deskriptif dengan sampel berjumlah 124 orang perawat. Sampel dipilih dengan menggunakan metode total sampling. Hasil penelitian didapatkan bahwa 77,42 % responden memiliki sikap positif terhadap safewards, 62,90 % memiliki pengetahuan yang baik serta 54% memiliki keterampilan yang tinggi. Hasil penelitian ini merekomendasikan perlunya ada pelatihan mengenai safewards di semua level perawat untuk meningkatkan kesiapan perawat dalam mengimplementasikan pendekatan safewards.

.....Safewards is an approach to providing inpatient mental health services with the aim of minimizing the number of conflicts that arise between nurses and clients on the use of restriction and or containment interventions. This study aims to assess the characteristics of nurses including gender, age, education level, work experience, safewards training that has been attended and identify nurse preparation which includes attitudes, perceived knowledge and skills. The research was conducted using a descriptive design with a sample of 124 nurses. The sample was selected using the total sampling method. The research results found that 77.42% of respondents had a positive attitude towards safewards, 62.90% had good knowledge and 54% had high skills. The results of this study recommend that there is a need for training on safewards at all levels of nurses to increase nurse readiness in implementing the safewards approach.