

Analisis Praktik Residensi Keperawatan Medikal Bedah Pada Pasien dengan Limfoma Hodgkin Menggunakan Pendekatan Chronic Illness Trajectory Model di RS Kanker Dharmais Jakarta = Analysis of Medical Surgical Nursing Residency Practice in Patients with Hodgkin's Lymphoma Using the Chronic Illness Trajectory Model Approach in Dharmais Cancer Hospital Jakarta

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Abstrak

Laporan praktik residensi keperawatan medikal bedah peminatan onkologi terdiri dari pengelolaan kasus limfoma hodkin dan 30 resume kasus dengan pendekatan chronic illness trajectory model, penerapan evidence based nursing walking exercise untuk mengatasi masalah fatigue pada pasien kanker, dan mengembangkan proyek inovasi J-Hati aplikasi untuk menurunkan tingkat fatigue pasien kanker. Chronic illness trajectory model dapat membantu mengelola kondisi kronis pada kasus limfoma hodkin dan 30 resume kasus kanker berdasarkan perjalanan penyakitnya dan interaksinya dari berbagai kondisi (medis, psikososial, dan budaya), karena kebutuhan dan tujuan perawatan pasien kanker berubah pada setiap fase yang dialami atau dilewati. Penerapan EBN walking exercise terbukti efektif untuk mengatasi masalah fatigue pasien kanker. Inovasi J-Hati aplikasi juga telah terbukti efektif menurunkan tingkat fatigue pasien kanker, dan dapat memfasilitasi, serta mendorong pasien kanker untuk latihan fisik dirumah, yang akhirnya dapat meningkatkan kualitas hidup pasien kanker.

.....Report on medical surgical nursing residency practice specializing in oncology consisting of management of Hodgkin's lymphoma cases and 30 case resumes using the chronic illness trajectory model approach, application of evidence based nursing walking exercise to overcome fatigue in cancer, and developing the J-Hati application innovation project to reduce the level of fatigue in cancer. The chronic illness trajectory model can help manage chronic conditions in cases of hodgkin's lymphoma and 30 resumes of cancer cases based on the course of the disease and the interaction of various conditions (medical, psychosocial, and cultural), because the needs and goals of cancer patient care change in each phase they experience or go through. . The application of EBN walking exercise has been proven to be effective in overcoming the problem of fatigue in cancer patients. The J-Hati application innovation has also been proven to be effective in reducing the fatigue level of cancer patients, can facilitate, and encourage cancer patients to do physical exercise at home, which can ultimately improve the quality of life of cancer patients