

Asuhan keperawatan perioperatif pada pasien aortoiliac disease disertai multiple ulkus diabetikum dengan penerapan latihan kaki diabetes = Perioperative nursing care of aortoiliac disease patients with multiple diabetic ulcers with the implementation of diabetic foot exercises

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Abstrak

Ulkus diabetikum merupakan kerusakan integritas kulit dengan erosi jaringan subkutan di bawahnya. Ulkus terjadi akibat adanya gangguan mikrovaskular dari saraf pada penderita diabetes melitus. Ulkus yang tidak kunjung sembuh dipengaruhi karena vaskularisasi yang buruk. Salah satunya dikarenakan penyakit arteri perifer seperti aortoiliac disease. Asuhan keperawatan perioperatif yang diberikan pada pasien aortoiliac disease bertujuan untuk mempertahankan perfusi jaringan perifer atau kecukupan aliran darah melalui pembuluh kecil di ujung kaki dan tangan untuk mempertahankan fungsi jaringan. Melalui tindakan latihan kaki diabetes pada pasien pre maupun post thromboendarterectomy artery dapat meningkatkan sirkulasi sehingga perbaikan luka menjadi lebih baik.

.....Diabetic ulcers are damage to the integrity of the skin with erosion of the underlying subcutaneous tissue. Ulcers occur due to microvascular disorders of the nerves in people with diabetes mellitus. Ulcers that do not heal are affected due to poor vascularization. One of them is due to peripheral artery disease such as aortoiliac disease. Perioperative nursing care given to patients with aortoiliac disease aims to maintain peripheral tissue perfusion or adequate blood flow through the small vessels at the ends of the feet and hands to maintain tissue function. Through the action of diabetic foot exercises in patients pre and post thromboendarterectomy arteries can increase circulation so that wound repair becomes better.