

Peran Identitas Vokasional Dalam Adaptabilitas Karier Pada Mahasiswa Yang Mengikuti Program Magang = The role of Vocational Identity on Career Adaptability among Undergraduate Students Who Have Participated in Internship Program

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Abstrak

Berbagai perubahan terjadi akibat dampak dari pandemi COVID-19 yang menuntut mahasiswa agar dapat lebih adaptif dalam mempersiapkan diri untuk bisa melakukan transisi karier yang baik dengan mengikuti program magang. Penelitian ini merupakan penelitian kuantitatif yang menggunakan analisis regresi berganda dengan melibatkan sebanyak 189 mahasiswa usia 18-25 ($M = 21,49$, $SD = 0,835$) yang berasal dari perguruan tinggi di Indonesia yang mengikuti program magang. Proses pengambilan data dilakukan dengan menggunakan alat ukur Career Adapt-Abilities Scale (CAAS) oleh Savickas dan Porfeli (2012) dan Vocational Identity Scale Assessment (VISA) oleh Porfeli et al. (2011). Hasil penelitian memperlihatkan bahwa identitas vokasional memiliki peran secara signifikan pada adaptabilitas karier ($F(6,189) = 20,402$, $p = 0,000$, $R^2 = 0,402$). Hasil tersebut menunjukkan bahwa untuk memiliki adaptabilitas karier yang baik, perlu bagi mahasiswa untuk memiliki identitas vokasional yang baik pula. Meski demikian, jika dilihat dari setiap dimensi identitas vokasional, hanya terdapat tiga sub-dimensi yang berperan pada adaptabilitas karier mahasiswa yaitu exploration in-depth, career commitment making, dan commitment flexibility. Limitasi serta saran untuk penelitian selanjutnya dijelaskan dalam penelitian ini.

.....Various changes have occurred as a result of the impact of the COVID-19 pandemic, which demands that students be more adaptive in preparing themselves for a successful career transition by participating in internship programs. This research is a quantitative study that uses multiple regression analysis involving 189 final-year students aged 18-25 ($M = 21.49$, $SD = 0.835$) from universities in Indonesia who participated in an internship program. The data collection process was carried out using the Career Adapt-Abilities Scale (CAAS) from Savickas and Porfeli (2012) and Vocational Identity Scale Assessment (VISA) from Porfeli et al. (2011). The results of the study revealed that vocational identity had a significant role in career adaptability among undergraduate students who have or have been participating in internship programs ($F(6,189) = 20.402$, $p = 0.000$, $R^2 = 0.402$). These results show that in order to have good career adaptability, it is necessary for students to have a good vocational identity as well. However, if we look at each vocational identity dimension, there are only three sub dimensions that play a role in student career adaptability, namely in-depth exploration, making career commitments, and commitment flexibility. Limitations and suggestions for further research are described in this study.