

Peran Counselling Self-Efficacy dalam Hubungan Antara Gaya Supervisi dan Supervisory Working Alliance pada Mahasiswa Pendidikan Profesi Psikologi di Indonesia = The Role of Counselling Self-Efficacy in The Relationship Between Supervision Style and Supervisory Working Alliance in Professional Psychology Students in Indonesia

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Abstrak

Supervisi klinis merupakan salah satu kegiatan vital yang perlu dilakukan untuk meningkatkan kompetensi seorang psikolog. Kegiatan supervisi klinis tercantum pada beberapa regulasi yang berkenaan dengan profesi psikolog sebagai salah satu kegiatan yang wajib dan disarankan untuk diikuti, baik oleh mahasiswa profesi psikologi hingga psikolog profesional. Oleh sebab itu, perhatian khusus pada faktor-faktor yang mempengaruhi hubungan supervisi antara supervisor dan mahasiswa menjadi penting untuk dilakukan. Dengan demikian, tujuan utama dari penelitian ini berusaha untuk meneliti lebih jauh peran faktor internal supervisee, yakni counselling self-efficacy, dalam mempengaruhi hubungan antaran faktor relasional supervisor melalui gaya supervisi yang ditampilkan terhadap kepuasan supervisi atau supervisory working alliance. Terdapat 99 mahasiswa profesi psikologi yang berpartisipasi dalam penelitian ini. Pengukuran dalam penelitian ini menggunakan alat ukur Supervisory Working Alliance Inventory - Trainee Form, Supervisory Style Inventory – Trainee dan Counseling Self Estimate Inventory. Pengolahan data dengan analisis moderasi memperlihatkan bahwa counselling self-efficacy tidak ditemukan secara signifikan memoderasi hubungan antara gaya supervisi dan supervisory working alliance.

.....Clinical supervision is a vital activity that is necessary to enhance the competence of a psychologist. Clinical supervision is mandated and recommended in various regulations related to the psychology profession, and it is considered mandatory for both psychology professional students and practicing psychologists. Therefore, special attention to the factors influencing the supervisory relationship between supervisors and students is important. Thus, the main objective of this study is to further examine the role of internal factors of supervisees, specifically counseling self-efficacy, in influencing the relationship between relational supervisor factors and supervisory working alliance through supervisory style. A total of 99 psychology professional students participated in this study. Measurement tools used in this research included the Supervisory Working Alliance Inventory - Trainee Form, Supervisory Style Inventory - Trainee, and Counseling Self-Esteem Inventory. Data analysis was conducted with moderation analysis, which revealed that counseling self-efficacy did not significantly moderate the relationship between supervisory style and supervisory working alliance.