

# Hubungan antara Career Decision-Making Self-Efficacy dengan Career Decision-Making Difficulties pada Siswa Sekolah Menengah Atas (SMA) di Jabodetabek = The Relationship between Career Decision-Making Self-Efficacy and Career Decision-Making Difficulties of High School Student in Jabodetabek

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## Abstrak

Salah satu hal yang berkaitan dengan kesulitan pengambilan keputusan karier adalah keyakinan individu dalam melakukan tugas yang diperlukan dalam proses pengambilan keputusan karier (efikasi diri). Penelitian ini bertujuan untuk melihat hubungan antara efikasi diri pengambilan keputusan karier (Career Decision-Making Self-Efficacy) dengan kesulitan pengambilan keputusan karier (Career Decision-Making Difficulties) pada siswa SMA di Jabodetabek. Alat ukur yang digunakan dalam penelitian ini adalah Career Decision-Making Self-Efficacy Short-Form (CDMSE-SF) dan Career Decision Difficulties Questionnaire (CDDQ). Partisipan penelitian ini berjumlah 198 siswa SMA Negeri di Jabodetabek dengan proporsi 71.7% siswa perempuan, 25.8% siswa laki-laki, dan rata-rata usia 17 tahun. Hasil penelitian menunjukkan bahwa terdapat hubungan negatif yang signifikan antara Career Decision-Making Self-Efficacy dengan Career Decision-Making Difficulties pada siswa SMA Negeri di Jabodetabek. Hasil penelitian ini diharapkan dapat menjadi sumber literatur mengenai kesulitan pengambilan keputusan karier pada siswa SMA dan memberikan pemahaman mengenai pentingnya efikasi diri dalam proses pengambilan keputusan karier.

.....One of the factors related to career decision-making difficulties is an individual's belief in their ability to perform the tasks required in the career decision-making process (self-efficacy). This study aims to examine the relationship between Career Decision-Making Self-Efficacy and Career Decision-Making Difficulties among high school students in the Jabodetabek area. The measurement instruments used in this study are the Career Decision-Making Self-Efficacy Short-Form (CDMSE-SF) and the Career Decision Difficulties Questionnaire (CDDQ). The participants in this study were 198 students from public high schools in the Jabodetabek area, with a proportion of 71.7% female students, 25.8% male students, and an average age of 17 years. The results of the study showed a significant negative relationship between Career Decision-Making Self-Efficacy and Career Decision-Making Difficulties among high school students in the Jabodetabek area. This research is expected to serve as a literature source on career decision-making difficulties among high school students and provide an understanding of the importance of self-efficacy in the career decision-making process.