

# Hubungan antara Core Self-Evaluation dan Career Decision-making Difficulties pada Siswa SMA di Jabodetabek = The Relationship between Core Self-Evaluation and Career Decision-making Difficulties of High School Students in Jabodetabek

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## Abstrak

Kesulitan dalam pengambilan keputusan karier merupakan salah satu kesulitan yang sering dialami oleh siswa Sekolah Menengah Atas (SMA) dalam membuat keputusan terkait jurusan kuliah. Kesulitan dalam memilih jurusan kuliah yang dialami oleh siswa dapat menyebabkan siswa mengambil keputusan secara tidak optimal. Beberapa penelitian terdahulu menemukan bahwa kesulitan dalam pengambilan keputusan karier dipengaruhi oleh berbagai faktor, salah satunya core self-evaluation. Oleh karena itu, tujuan penelitian ini adalah untuk melihat hubungan antara core self-evaluation dan career decision-making difficulties pada siswa SMA kelas 10, 11, dan 12 yang bersekolah di wilayah Jabodetabek. Penelitian ini adalah penelitian kuantitatif dengan desain penelitian korelasional. Alat ukur yang digunakan adalah Career Decision-making Difficulties Questionnaire (CDDQ) dan Core Self-Evaluation Scale (CSES). Partisipan penelitian ini adalah 195 siswa SMA (Laki-laki = 25.6%; Perempuan = 71.8%; Mean Usia = 17.05; SD Usia = 0.86). Hasil penelitian ini menunjukkan bahwa terdapat korelasi negatif dan signifikan antara core self-evaluation dan career decision-making difficulties pada siswa SMA,  $r(195) = -0.36$ ,  $p < 0.01$ , one-tailed,  $r^2 = 0.13$ . Hasil penelitian diharapkan dapat memberikan gambaran bagi siswa mengenai pentingnya melakukan penilaian diri secara positif dalam membuat keputusan karier dan bagi pihak sekolah untuk membentuk program preventif terkait kesulitan dalam pengambilan keputusan karier.

..... Career decision-making difficulties are often experienced by high school students in making decisions regarding college majors. Difficulties in choosing college majors experienced by students can cause students to make decisions that are not optimal. Several previous studies have found that career decision-making difficulties are influenced by various factors, one of which is core self-evaluation. Therefore, this study aimed to examine the relationship between core self-evaluation and career decision-making difficulties among high school students in grades 10, 11, and 12 who attend school in Jabodetabek area. This research is quantitative research with a correlational research design. The measurement tools used are Career Decision-making Difficulties Questionnaire (CDDQ) and Core Self-Evaluation Scale (CSES). The participants in this study were 195 high school students (Male = 25.6%; Female = 71.8%; Mean Age = 17.05; SD Age = 0.86). This study results indicate a negative and significant correlation between core self-evaluation and career decision-making difficulties among high school students,  $r(195) = -0.36$ ,  $p < 0.01$ , one-tailed,  $r^2 = 0.13$ . The research results are expected to provide students with an overview of the importance of positive self-evaluation in making career decisions and for schools to form preventive programs related to career decision-making difficulties.