

# Gambaran Faktor Risiko Psikososial dan Stres Kerja pada Perawat Pelaksana Ruang Instalasi Bedah Sentral RSUD Sekarwangi Sukabumi Tahun 2023 = Description of Psychosocial Risk Factors and Work Stress in Nurses Implementing the Central Surgical Installation Room of Sekarwangi Sukabumi Hospital in 2023

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## Abstrak

Penelitian bertujuan untuk menjelaskan gambaran faktor risiko psikososial dan stres kerja pada perawat pelaksana ruang instalasi bedah sentral RSUD Sekarwangi Sukabumi tahun 2023. Penelitian menggunakan metode mix method dengan desain penelitian the explanatory sequential. Sampel penelitian merupakan perawat pelaksana ruang instalasi bedah sentral RSUD Sekarwangi Sukabumi. Pengambilan data dilakukan dengan pengisian kuesioner dan wawancara. Analisis data dilakukan menggunakan analisis deskriptif. Hasil penelitian menunjukkan bahwa 68,2% penghasilan di bawah UMR, 63,6% bekerja tidak secara rotasi, 54,5% lingkungan fisik baik, 77,3% tanggung jawab tinggi, 90,9% konflik peran rendah, 77,3% pengembangan karir rendah, 68,2% home-work interface tinggi, dan 54,5% dukungan sosial tinggi. Pihak RSUD Sekarwangi Sukabumi diharapkan dapat lebih memperhatikan dan mengendalikan faktor risiko stres kerja pada perawat.

.....The study aims to explain the description of psychosocial risk factors and work stress in the nurses implementing the central surgical installation room of RSUD Sekarwangi Sukabumi in 2023. The study used a mix method with the explanatory sequential research design. The research sample was the nurse implementing the central surgical installation room of RSUD Sekarwangi Sukabumi. Data collection was carried out by filling out questionnaires and interviews. Data analysis was performed using descriptive analysis. The results showed that 68.2% of income was below UMR, 63.6% work not on rotation basis, 54.5% good physical environment, 77.3% high responsibility, 90.9% low role conflict, 77.3% low career development, 68.2% high home-work interface, and 54.5% high social support. RSUD Sekarwangi Sukabumi is expected to pay more attention and control all the risk factors causing work stress in nurses.